



# Report on 2012 IUAA Outdoor Track & Field and Pentathlon Championships

Hosted by Athlone Institute of Technology

Friday 20th April & Saturday 21st of April 2012

## Organisers:

The people involved in organising the event were Gordon Brett, Professor Ciaran O’Cathain, Margaret Maguire, Louise Holmes, Vincent Connolly and Gerard O’Donnell, Noel Lawlor, Maz Sweeney, Professor Ciaran O’Cathain, Sandra O’Cathain, Mark Kenny, Eugene Mulligan, Paschal McGovern, Tom O’Donohue, Richard O’Hara, Sean Connell, Brian Lynch, Geoff Shannon, Lizzy Flynn, Donie McHugh.

Discussions on the details of hosting the championships began between Paul Butler and Gordon Brett in October 2011. Stephen Lipson also provided regular and concise information to AIT as hosts.

## **Venue:**

The event was hosted at the outdoor athletics track on the main campus of Athlone Institute of Technology. Dressing rooms were located in the main John Count McCormack sports building adjacent to the track. The check in area was in a business studies lecture room close to the track.

## **Live Streaming:**

For the first time on the AIT campus we decided to stream a sports event live over the internet. Live coverage of each race was streamed on the Friday from the track side. On Saturday the camera position was elevated to provide a better view of the venue and events. Gordon Brett provided starts list, results and basic commentary live on the Saturday thanks to Stephen Lipson of the IUAA committee. Geoff Shannon, an AIT Design & Graphics IT Department Technician, provided the technical support for the live streaming throughout the weekend. Geoff also recorded each race on a separate camera and instantly loaded these to the AIT YouTube channel and then posted these onto the event facebook site. The level of interest created by the live streaming was phenomenal. Many people commented that it is rare that athletics is covered live in Ireland especially domestic athletics. There continues to be interest in the recorded races on the facebook site. The live streaming was an unqualified success and certainly the highlight and unique aspect of our hosting of the championships.

## Communication:

A decision was made to use a facebook site instead of a website to communicate through and provide information. Details of the schedule, hotels, directions to AIT etc. were provided here. Recorded videos etc and live streaming were provided through the facebook site. Stephen Lipsons results documents were uploaded every evening to the facebook site.

The IUAA provided the standard email address for participant teams to contact the organisers (ait2012@iuaa.org). The IUAA also sent out the pre event letter and details based on information provided to them by the AIT organisers.

## **First Aid:**

First Aid cover was provided by The Order of Malta Athlone on Friday and Saturday. No serious injuries or incidents were reported.

## **Sponsorship:**

€3,000 was sourced by AIT Athletics club from the institutes capitation account. This money was vital in defraying the costs of hosting the event. See finance details below.

## **Programme:**

The programme content was collated by Gordon Brett and Margaret Maguire. Temple Printing in Athlone printed the programme. A decision was made to make the programme available for free to all participants and spectators. 500 programmes were printed.

Content included forewords by Professor Ciaran O’Cathain President of AIT (now President of Athletics Ireland), Paul Butler Chair of the IUAA and Gordon Brett Sports and Recreation Manager of AIT. The full event schedule and the full list of registered competitors were also included in the programme. Pictures of the construction of the new AIT Indoor Athletics Track were also placed in the programme.

## **Publicity:**

The event hosting was made known to local and regional newspapers and radios stations. The facebook site of Midlands 103 was utilised to distribute the event details and results and the fact that live streaming was occurring. Results were sent to the national press by the IUAA. The Athletics Ireland website promoted the live streaming of the events, published results and provided a report the also.

## **Banquet:**

The banquet was hosted in the Sheraton Hotel Athlone. A four course meal was provided followed by music provided by a DJ Colin Fahy. Team awards were presented before dinner. Speeches were kept to a minimum. Tickets were booked through the IUAA website and this proved to be very satisfactory. The competition rules compelling colleges to pay for the number of tickets booked online gives great comfort to the host college. AIT as the host college made a decision to give free banquet tickets to all AIT students who competed or helped organise the championships. We also made eight tickets available to the IUAA committee. 236 tickets were sold at €33 each. Profits on the banquet ticket were used to defray costs and ensure a loss was not made.

**Finance:** Below is a schedule of the Income and expenditure.

<b>Income and Expenditure</b>		€
<b>Income</b>		
Income sale of tickets		7788
Allocation from Capitation		<u>3000</u>
<b>Expenditure</b>		
Live Streaming	400	
Programme	790	
Sheraton hotel	5,788	
DJ	250	
Order of Malta	600	
Timing Ireland etc	2,950	
Teas/Coffees etc	<u>126</u>	
	<b>10,904</b>	<b>10,788</b>
<b>Deficit</b>	<b>116</b>	

## **Thank You:**

The organisers would like to acknowledge the support received by all parties named in this report. The event was very enjoyable to organise but this was due to the professionalism and sound advice and experience provided by Paul Butler and Stephen Lipson.

## **2013 Event Hosts:**

Should the 2013 organisers have any questions for the AIT organisers please contact Gordon Brett using the following details:

-----

Gordon Brett,

Sport & Recreation Manager,

Athlone Institute of Technology,

Dublin Road, Athlone,

Co. Westmeath.

Phone: +353 (0)90 64 42565

Mobile: +353 (0)87 9248139

Email: [gbrett@ait.ie](mailto:gbrett@ait.ie) Web: [www.ait.ie](http://www.ait.ie)

Fax: +353 (0)90 64 24539

-----

# Results

## Female

### 100m

#### Semi-Final One

Windspeed: -0.90 m/s

Place	Bib	Lane	Athlete	College	Mark	Q	Record
1	117	2	<a href="#">Stephanie Creaner</a>	<a href="#">DCU</a>	12.06	Q	
2	003	5	<a href="#">Louise Nicholson</a> (OYD)	<a href="#">ICAI</a>	12.70	Q	ICAI
3	212	8	<a href="#">Eilish Fitzpatrick</a>	<a href="#">NUIG</a>	12.72	q	NUIG
4	478	4	<a href="#">Denise Wickham</a> (OYD)	<a href="#">WIT</a>	13.41	q	
5	372	3	<a href="#">Aisling Watters</a>	<a href="#">UCD</a>	13.47	q	
6	468	7	<a href="#">Emma O'Toole</a>	<a href="#">WIT</a>	15.09		
7	054	6	<a href="#">Mary Kenneally</a>	<a href="#">CIT</a>	15.65		

#### Semi-Final Two

Windspeed: 1.20 m/s

Place	Bib	Lane	Athlete	College	Mark	Q	Record
1	138	6	<a href="#">Catherine McManus</a>	<a href="#">DCU</a>	12.25	Q	
2	013	2	<a href="#">Louise Holmes</a>	<a href="#">AIT</a>	12.59	Q	AIT
3	477	7	<a href="#">Francesca Reville</a> (OYD)	<a href="#">WIT</a>	12.95	q	
4	281	5	<a href="#">Attie Papas</a>	<a href="#">TCD</a>	14.89		
5	462	4	<a href="#">Margariet Groot</a>	<a href="#">WIT</a>	15.42		
	185	3	<a href="#">Lola Olajide</a>	<a href="#">IT Carlow</a>	DNS		

#### Final

Windspeed: 2.30 m/s (illegal windspeed)

Place	Bib	Lane	Athlete	College	Mark	Points
1	117	4	<a href="#">Stephanie Creaner</a>	<a href="#">DCU</a>	11.96	7
2	138	5	<a href="#">Catherine McManus</a>	<a href="#">DCU</a>	12.00	5
3	013	6	<a href="#">Louise Holmes</a>	<a href="#">AIT</a>	12.28	4
4	003	3	<a href="#">Louise Nicholson</a> (OYD)	<a href="#">ICAI</a>	12.64	3
5	477	2	<a href="#">Francesca Reville</a> (OYD)	<a href="#">WIT</a>	12.76	2
6	212	1	<a href="#">Eilish Fitzpatrick</a>	<a href="#">NUIG</a>	12.77	1

7	372	7	<a href="#">Aisling Watters</a>	<a href="#">UCD</a>	13.30	
8	478	8	<a href="#">Denise Wickham</a> (OYD)	<a href="#">WIT</a>	13.56	

## 100m Hurdles

### Final

Windspeed: 2.60 m/s (illegal windspeed)

Place	Bib	Lane	Athlete	College	Mark	Points
1	407	5	<a href="#">Jessie Barr</a> (OYD)	<a href="#">UL</a>	13.92	7
2	138	7	<a href="#">Catherine McManus</a>	<a href="#">DCU</a>	14.17	5
3	401	4	<a href="#">Roisin Howard</a>	<a href="#">UL</a>	15.33	4
4	218	3	<a href="#">Lisa Houlihan</a>	<a href="#">NUIM</a>	15.97	3
5	348	2	<a href="#">Caoimhe Basquille</a>	<a href="#">UCD</a>	16.32	2
6	121	8	<a href="#">Karen Dunne</a>	<a href="#">DCU</a>	18.32	1
	372	6	<a href="#">Aisling Watters</a>	<a href="#">UCD</a>	DNF	

## 200m

### Semi-Final One

Windspeed: -0.80 m/s

Place	Bib	Lane	Athlete	College	Mark	Q	Record
1	117	7	<a href="#">Stephanie Creaner</a>	<a href="#">DCU</a>	24.53	Q	
2	227	3	<a href="#">Joanna Mills</a>	<a href="#">QUB</a>	25.56	Q	
3	003	5	<a href="#">Louise Nicholson</a> (OYD)	<a href="#">ICAI</a>	26.56	q	ICAI
4	353	8	<a href="#">Sophia Ellis</a>	<a href="#">UCD</a>	26.62	q	
5	212	2	<a href="#">Eilish Fitzpatrick</a>	<a href="#">NUIG</a>	26.94	q	
6	462	6	<a href="#">Margariet Groot</a>	<a href="#">WIT</a>	32.46		
	271	4	<a href="#">Jennifer Corcoran</a>	<a href="#">TCD</a>	DNF		

### Semi-Final Two

Windspeed: -1.20 m/s

Place	Bib	Lane	Athlete	College	Mark	Q	Record
1	420	2	<a href="#">Amy Foster</a>	<a href="#">UU</a>	25.41	Q	
2	013	8	<a href="#">Louise Holmes</a>	<a href="#">AIT</a>	26.20	Q	
3	477	5	<a href="#">Francesca Reville</a> (OYD)	<a href="#">WIT</a>	27.49	q	
4	057	6	<a href="#">Sinead O'Connor</a>	<a href="#">CIT</a>	27.96		CIT
5	278	4	<a href="#">Arlene O'Neill</a>	<a href="#">TCD</a>	28.37		

6	189	3	<a href="#">Ciara Walsh</a>	<a href="#">IT Sligo</a>	30.74		IT Sligo
7	054	7	<a href="#">Mary Kenneally</a>	<a href="#">CIT</a>	33.89		

## Final

Windspeed: 1.70 m/s

Place	Bib	Lane	Athlete	College	Mark	Points	Record
1	420	5	<a href="#">Amy Foster</a>	<a href="#">UU</a>	24.24	7	
2	117	6	<a href="#">Stephanie Creaner</a>	<a href="#">DCU</a>	24.49	5	DCU
3	227	4	<a href="#">Joanna Mills</a>	<a href="#">QUB</a>	25.19	4	
4	013	3	<a href="#">Louise Holmes</a>	<a href="#">AIT</a>	25.32	3	AIT
5	353	8	<a href="#">Sophia Ellis</a>	<a href="#">UCD</a>	26.46	2	
6	003	7	<a href="#">Louise Nicholson</a> (OYD)	<a href="#">ICAI</a>	26.85	1	
7	212	2	<a href="#">Eilish Fitzpatrick</a>	<a href="#">NUIG</a>	26.89		NUIG
8	477	1	<a href="#">Francesca Reville</a> (OYD)	<a href="#">WIT</a>	27.76		

## 400m

### Semi-Final One

Place	Bib	Lane	Athlete	College	Mark	Q	Record
1	407	4	<a href="#">Jessie Barr</a> (OYD)	<a href="#">UL</a>	55.61	Q	UL
2	166	7	<a href="#">Sinead Denny</a>	<a href="#">DIT</a>	57.10	Q	DIT
3	350	6	<a href="#">Shauna Cannon</a>	<a href="#">UCD</a>	57.21	q	
4	125	3	<a href="#">Brona Furlong</a>	<a href="#">DCU</a>	57.78	q	
5	419	5	<a href="#">Anne Doyle</a>	<a href="#">UU</a>	64.28		
6	229	2	<a href="#">Theresa Slattery</a>	<a href="#">RCSI</a>	65.32		RCSI

### Semi-Final Two

Place	Bib	Lane	Athlete	College	Mark	Q	Record
1	001	4	<a href="#">Claire Bergin</a>	<a href="#">ICAI</a>	54.56	Q	
2	226	7	<a href="#">Christine McMahon</a>	<a href="#">QUB</a>	58.42	Q	
3	305	3	<a href="#">Andrea Bickerdike</a>	<a href="#">UCC</a>	60.14	q	
4	215	5	<a href="#">Alanna Quinn</a>	<a href="#">NUIG</a>	63.14	q	NUIG
5	355	6	<a href="#">Niamh Field</a>	<a href="#">UCD</a>	63.89		

## Final

Place	Bib	Lane	Athlete	College	Mark	Points	Record
1	001	4	<a href="#">Claire Bergin</a>	<a href="#">ICAI</a>	53.77	7	ICAI



2	407	6	<a href="#">Jessie Barr</a> (OYD)	<a href="#">UL</a>	55.66	<b>5</b>	
3	226	5	<a href="#">Christine McMahon</a>	<a href="#">QUB</a>	56.48	<b>4</b>	QUB
4	350	7	<a href="#">Shauna Cannon</a>	<a href="#">UCD</a>	57.81	<b>3</b>	
5	125	8	<a href="#">Brona Furlong</a>	<a href="#">DCU</a>	58.19	<b>2</b>	
6	166	3	<a href="#">Sinead Denny</a>	<a href="#">DIT</a>	58.50	<b>1</b>	
7	305	2	<a href="#">Andrea Bickerdike</a>	<a href="#">UCC</a>	60.41		
	215	1	<a href="#">Alanna Quinn</a>	<a href="#">NUIG</a>	DNS		

### 400m Hurdles

#### Final

Place	Bib	Lane	Athlete	College	Mark	Points	Record
1	407	6	<a href="#">Jessie Barr</a> (OYD)	<a href="#">UL</a>	58.19	<b>7</b>	IUAA
2	373	4	<a href="#">Sarah Woods</a>	<a href="#">UCD</a>	65.43	<b>5</b>	
3	396	7	<a href="#">Ailbhe Courtney</a>	<a href="#">UL</a>	67.13	<b>4</b>	
4	148	3	<a href="#">Hannah Trehy</a>	<a href="#">DCU</a>	69.54	<b>3</b>	
	136	5	<a href="#">Ashley Mc Donnell</a>	<a href="#">DCU</a>	DNS		

### 800m

#### Final

Place	Bib	Lane	Athlete	College	Mark	Points	Record
1	362	6	<a href="#">Ciara Mageean</a>	<a href="#">UCD</a>	2:11.18	<b>7</b>	
2	166	5	<a href="#">Sinead Denny</a>	<a href="#">DIT</a>	2:14.00	<b>5</b>	DIT
3	308	2	<a href="#">Ciara Cronin</a>	<a href="#">UCC</a>	2:16.09	<b>4</b>	
4	398	4	<a href="#">Claire Earls</a>	<a href="#">UL</a>	2:24.33	<b>3</b>	
5	122	8	<a href="#">Michelle English</a>	<a href="#">DCU</a>	2:26.07	<b>2</b>	
6	130	7	<a href="#">Rachel Kilgallen</a>	<a href="#">DCU</a>	2:26.17	<b>1</b>	
7	419	9	<a href="#">Anne Doyle</a>	<a href="#">UU</a>	2:28.77		
8	056	1	<a href="#">Roisin Mulcahy</a>	<a href="#">CIT</a>	2:52.53		CIT
	055	3	<a href="#">Patricia Lange</a>	<a href="#">CIT</a>	DNF		

### 1500m

#### Final

Place	Bib	Lane	Athlete	College	Mark	Points	Note	Record
1	362	8	<a href="#">Ciara Mageean</a>	<a href="#">UCD</a>	4:32.01	<b>7</b>		UCD
2	143	12	<a href="#">Mary Anne O'Sullivan</a>	<a href="#">DCU</a>	4:38.90	<b>5</b>		
3	269	2	<a href="#">Lorna Begley</a>	<a href="#">TCD</a>	4:43.50	<b>4</b>		

4	144	9	<a href="#">Elaine Plunkett</a>	<a href="#">DCU</a>	4:46.23	<b>3</b>		
5	395	7	<a href="#">Una Britton</a>	<a href="#">UL</a>	4:53.31	<b>2</b>		
6	479	13	<a href="#">Siobhan Cronin</a>	<a href="#">Guest</a>	5:07.49		NS	
7	480	6	<a href="#">Amanda Crotty</a>	<a href="#">Guest</a>	5:20.73		NS	
8	053	11	<a href="#">Martina Fialova</a>	<a href="#">CIT</a>	5:21.96	<b>1</b>		
9	211	10	<a href="#">Maeve Brassil</a>	<a href="#">NUIG</a>	5:28.55			
10	475	5	<a href="#">Niamh Tebay</a>	<a href="#">WIT</a>	5:32.63			WIT
11	311	4	<a href="#">Jacqueline Hughes</a>	<a href="#">UCC</a>	5:50.51			
12	217	3	<a href="#">Aoife Donnan</a>	<a href="#">NUIM</a>	5:51.86			NUIM
13	310	1	<a href="#">Siobhán Heylin</a>	<a href="#">UCC</a>	6:11.23			

### 1500m Walk

#### Final

Place	Bib	Lane	Athlete	College	Mark	Points	Record
1	397	1	<a href="#">Maeve Curley</a>	<a href="#">UL</a>	6:38.36	<b>7</b>	UL
2	306	2	<a href="#">Caoimhe Casey</a>	<a href="#">UCC</a>	7:07.65	<b>5</b>	
3	123	6	<a href="#">Georgina Fagan</a>	<a href="#">DCU</a>	9:39.29	<b>4</b>	
4	180	4	<a href="#">Hynes Christina</a>	<a href="#">IT Carlow</a>	10:34.55	<b>3</b>	IT Carlow
5	053	5	<a href="#">Martina Fialova</a>	<a href="#">CIT</a>	10:47.71	<b>2</b>	
	126	3	<a href="#">Karen Gill</a>	<a href="#">DCU</a>	DNS		

### 3000m

#### Final

Place	Bib	Lane	Athlete	College	Mark	Points	Note	Record
1	403	3	<a href="#">Eimear O'Brien</a>	<a href="#">UL</a>	10:16.33	<b>7</b>		
2	111	4	<a href="#">Laura Behan</a>	<a href="#">DCU</a>	10:17.22	<b>5</b>		
3	120	6	<a href="#">Dierdre Doyle</a>	<a href="#">DCU</a>	10:21.33	<b>4</b>		
4	225	7	<a href="#">Rachel Gibson</a>	<a href="#">QUB</a>	10:34.71	<b>3</b>		QUB
5	165	2	<a href="#">Niamh Denny</a>	<a href="#">Guest</a>	11:24.48		NS	
6	053	5	<a href="#">Martina Fialova</a>	<a href="#">CIT</a>	11:45.76	<b>2</b>		CIT
7	364	1	<a href="#">Aisling Mc Gee</a>	<a href="#">UCD</a>	11:55.64	<b>1</b>		
8	319	8	<a href="#">Irma Van Rijswijck</a>	<a href="#">UCC</a>	12:00.52			
9	273	9	<a href="#">Rebecca Egan</a>	<a href="#">TCD</a>	12:47.48			
	279	10	<a href="#">Lucy O'Sullivan</a>	<a href="#">TCD</a>	DNF			

### 3000m Steeplechase

## Final

Place	Bib	Lane	Athlete	College	Mark	Points	Record
1	395	4	<a href="#">Una Britton</a>	<a href="#">UL</a>	11:20.26	<b>7</b>	
2	002	2	<a href="#">Fiona Clinton</a>	<a href="#">ICAI</a>	11:40.36	<b>5</b>	ICAI
3	367	3	<a href="#">Shauna Moran</a>	<a href="#">UCD</a>	13:10.15	<b>4</b>	
4	317	1	<a href="#">Tara Rhattigan</a>	<a href="#">UCC</a>	13:15.68	<b>3</b>	UCC
5	058	6	<a href="#">Noreen Mackey</a> (OYD)	<a href="#">CIT</a>	13:57.12	<b>2</b>	CIT
6	368	5	<a href="#">Aoife O'Connor</a>	<a href="#">UCD</a>	14:47.76	<b>1</b>	
7	278	7	<a href="#">Arlene O'Neill</a>	<a href="#">TCD</a>	15:02.80		

## 5000m

### Final

Place	Bib	Lane	Athlete	College	Mark	Points	Record
1	403	6	<a href="#">Eimear O'Brien</a>	<a href="#">UL</a>	17:39.79	<b>7</b>	
2	371	9	<a href="#">Laura Shaughnessy</a>	<a href="#">UCD</a>	17:51.58	<b>5</b>	
3	002	7	<a href="#">Fiona Clinton</a>	<a href="#">ICAI</a>	18:10.06	<b>4</b>	ICAI
4	275	3	<a href="#">Irene Gorman</a>	<a href="#">TCD</a>	18:30.04	<b>3</b>	
5	314	10	<a href="#">Aisling Moran</a>	<a href="#">UCC</a>	19:20.42	<b>2</b>	
6	137	4	<a href="#">Orna McGinley</a>	<a href="#">DCU</a>	19:37.67	<b>1</b>	
7	367	2	<a href="#">Shauna Moran</a>	<a href="#">UCD</a>	19:59.85		
8	058	1	<a href="#">Noreen Mackey</a> (OYD)	<a href="#">CIT</a>	20:28.22		CIT
9	313	5	<a href="#">Aine Moran</a>	<a href="#">UCC</a>	20:56.32		
10	127	11	<a href="#">Jona Kalemi</a>	<a href="#">DCU</a>	21:33.74		
11	219	8	<a href="#">Carina Mey</a>	<a href="#">NUIM</a>	26:17.30		

## 4 x 100m Relay

### Final

Place	Bib	Lane	Leg	Athlete	College	Mark	Points	Record
1	407	5	1	<a href="#">Jessie Barr</a> (OYD)	<a href="#">UL</a>	50.97	<b>10</b>	
1	396	5	2	<a href="#">Ailbhe Courtney</a>	<a href="#">UL</a>	50.97	<b>10</b>	
1	398	5	3	<a href="#">Claire Earls</a>	<a href="#">UL</a>	50.97	<b>10</b>	
1	401	5	4	<a href="#">Roisin Howard</a>	<a href="#">UL</a>	50.97	<b>10</b>	
2	348	6	1	<a href="#">Caoimhe Basquille</a>	<a href="#">UCD</a>	51.02	<b>8</b>	
2	350	6	2	<a href="#">Shauna Cannon</a>	<a href="#">UCD</a>	51.02	<b>8</b>	
2	353	6	3	<a href="#">Sophia Ellis</a>	<a href="#">UCD</a>	51.02	<b>8</b>	
2	372	6	4	<a href="#">Aisling Watters</a>	<a href="#">UCD</a>	51.02	<b>8</b>	

3	462	2	1	<a href="#">Margariet Groot</a>	<a href="#">WIT</a>	54.94	<b>6</b>	
3	478	2	2	<a href="#">Denise Wickham (OYD)</a>	<a href="#">WIT</a>	54.94	<b>6</b>	
3	468	2	3	<a href="#">Emma O'Toole</a>	<a href="#">WIT</a>	54.94	<b>6</b>	
3	477	2	4	<a href="#">Francesca Reville (OYD)</a>	<a href="#">WIT</a>	54.94	<b>6</b>	
4	054	8	1	<a href="#">Mary Kenneally</a>	<a href="#">CIT</a>	58.52	<b>4</b>	
4	057	8	2	<a href="#">Sinead O'Connor</a>	<a href="#">CIT</a>	58.52	<b>4</b>	
4	056	8	3	<a href="#">Roisin Mulcahy</a>	<a href="#">CIT</a>	58.52	<b>4</b>	
4	053	8	4	<a href="#">Martina Fialova</a>	<a href="#">CIT</a>	58.52	<b>4</b>	
5	305	4	1	<a href="#">Andrea Bickerdike</a>	<a href="#">UCC</a>	60.00	<b>2</b>	
5	311	4	2	<a href="#">Jacqueline Hughes</a>	<a href="#">UCC</a>	60.00	<b>2</b>	
5	313	4	3	<a href="#">Aine Moran</a>	<a href="#">UCC</a>	60.00	<b>2</b>	
5	314	4	4	<a href="#">Aisling Moran</a>	<a href="#">UCC</a>	60.00	<b>2</b>	
6	182	1	1	<a href="#">Fiona Hill</a>	<a href="#">IT Carlow</a>	60.84	<b>1</b>	IT Carlow
6	181	1	2	<a href="#">Hynes Finola</a>	<a href="#">IT Carlow</a>	60.84	<b>1</b>	IT Carlow
6	185	1	3	<a href="#">Lola Olajide</a>	<a href="#">IT Carlow</a>	60.84	<b>1</b>	IT Carlow
6	184	1	4	<a href="#">Niamh O'Rourke</a>	<a href="#">IT Carlow</a>	60.84	<b>1</b>	IT Carlow
	138	3	1	<a href="#">Catherine McManus</a>	<a href="#">DCU</a>	DQ		
	125	3	2	<a href="#">Brona Furlong</a>	<a href="#">DCU</a>	DQ		
	135	3	3	<a href="#">Louise McArdle</a>	<a href="#">DCU</a>	DQ		
	117	3	4	<a href="#">Stephanie Creaner</a>	<a href="#">DCU</a>	DQ		
	278	7	1	<a href="#">Arlene O'Neill</a>	<a href="#">TCD</a>	DQ		
	271	7	2	<a href="#">Jennifer Corcoran</a>	<a href="#">TCD</a>	DQ		
	273	7	3	<a href="#">Rebecca Egan</a>	<a href="#">TCD</a>	DQ		
	281	7	4	<a href="#">Attie Papas</a>	<a href="#">TCD</a>	DQ		

### 4 x 400m Relay

#### Final

Place	Bib	Lane	Leg	Athlete	College	Mark	Points	Record
1	407	5	1	<a href="#">Jessie Barr (OYD)</a>	<a href="#">UL</a>	3:58.21	<b>10</b>	
1	395	5	2	<a href="#">Una Britton</a>	<a href="#">UL</a>	3:58.21	<b>10</b>	
1	396	5	3	<a href="#">Ailbhe Courtney</a>	<a href="#">UL</a>	3:58.21	<b>10</b>	
1	398	5	4	<a href="#">Claire Earls</a>	<a href="#">UL</a>	3:58.21	<b>10</b>	

2	350	6	1	<a href="#">Shauna Cannon</a>	<a href="#">UCD</a>	4:00.07	<b>8</b>	
2	355	6	2	<a href="#">Niamh Field</a>	<a href="#">UCD</a>	4:00.07	<b>8</b>	
2	353	6	3	<a href="#">Sophia Ellis</a>	<a href="#">UCD</a>	4:00.07	<b>8</b>	
2	373	6	4	<a href="#">Sarah Woods</a>	<a href="#">UCD</a>	4:00.07	<b>8</b>	
3	135	7	1	<a href="#">Louise McArdle</a>	<a href="#">DCU</a>	4:05.65	<b>6</b>	
3	122	7	2	<a href="#">Michelle English</a>	<a href="#">DCU</a>	4:05.65	<b>6</b>	
3	143	7	3	<a href="#">Mary Anne O'Sullivan</a>	<a href="#">DCU</a>	4:05.65	<b>6</b>	
3	125	7	4	<a href="#">Brona Furlong</a>	<a href="#">DCU</a>	4:05.65	<b>6</b>	
4	212	4	1	<a href="#">Eilish Fitzpatrick</a>	<a href="#">NUIG</a>	4:27.17	<b>4</b>	NUIG
4	213	4	2	<a href="#">Louise Harvey</a>	<a href="#">NUIG</a>	4:27.17	<b>4</b>	NUIG
4	214	4	3	<a href="#">Steph Hulse</a>	<a href="#">NUIG</a>	4:27.17	<b>4</b>	NUIG
4	215	4	4	<a href="#">Alanna Quinn</a>	<a href="#">NUIG</a>	4:27.17	<b>4</b>	NUIG
5	056	3	1	<a href="#">Roisin Mulcahy</a>	<a href="#">CIT</a>	4:50.80	<b>2</b>	CIT
5	053	3	2	<a href="#">Martina Fialova</a>	<a href="#">CIT</a>	4:50.80	<b>2</b>	CIT
5	058	3	3	<a href="#">Noreen Mackey (OYD)</a>	<a href="#">CIT</a>	4:50.80	<b>2</b>	CIT
5	057	3	4	<a href="#">Sinead O'Connor</a>	<a href="#">CIT</a>	4:50.80	<b>2</b>	CIT

### 8kg Weight for Distance

#### Final

Place	Bi	Dr	Athlete	College	Round 1	Round 2	Round 3	Best	Round 4	Round 5	Round 6	Mark	Poi	Rec
	b	aw			nd	nd	nd		nd	nd	nd	rk	nts	ord
1	309	3	<a href="#">Clare Fitzgerald</a>	<a href="#">UCC</a>	6.97	7.25	7.06	7.25	7.59	7.24	7.31	7.59	<b>7</b>	
2	471	7	<a href="#">Zoe Scanlon</a>	<a href="#">WIT</a>	x	6.73	x	6.73	6.78	7.01	6.73	7.01	<b>5</b>	WIT
3	116	8	<a href="#">Theresa Conlon</a>	<a href="#">DCU</a>	6.01	6.12	6.03	6.12	6.02	6.30	6.34	6.34	<b>4</b>	
4	118	10	<a href="#">Shauna Daly</a>	<a href="#">DCU</a>	5.70	5.07	6.20	6.20	5.45	5.21	5.95	6.20	<b>3</b>	
5	357	4	<a href="#">Christina Furlong</a>	<a href="#">UCD</a>	5.89	5.74	5.83	5.83	6.20	5.70	5.77	6.20	<b>2</b>	
6	36	5	<a href="#">Lucin</a>	<a href="#">UCD</a>	6.13	5.26	5.63	6.1	5.61	4.58	5.09	6.13	<b>1</b>	

	6		<a href="#">da Moore</a>					3									
7	39 9	2	<a href="#">Alana Fratton</a>	<a href="#">UL</a>	5.46	5.85	5.60	5.85	5.66	5.88	5.83	5.88					
8	40 1	9	<a href="#">Roisin Howard</a>	<a href="#">UL</a>		5.75	5.27	5.75	4.79	5.30	4.90	5.75					
9	01 6	11	<a href="#">Karen Walsh</a>	<a href="#">AIT</a>	5.35	5.02	5.36	5.36				5.36					
10	05 5	6	<a href="#">Patricia Lange</a>	<a href="#">CIT</a>	5.09	5.19	5.01	5.19				5.19					
11	05 8	1	<a href="#">Noreen Mackey</a> (OYD)	<a href="#">CIT</a>	3.09			3.09				3.09					

## Combined Events

### Final

Place	Bib	Athlete	College	Hurdles	Points	Distance	Points	HJ	Points	LJ	Points	SP	Points	Mark	Points	Note	Record
1	36 5	<a href="#">Grainne Morgan</a>	<a href="#">UCD</a>	16.08	704	2:30.10	692	1.60	736	5.13	595	9.15	474	3201	<b>7</b>		UCD
2	40 1	<a href="#">Roisin Howard</a>	<a href="#">UL</a>	15.33	799	2:43.66	532	1.50	621	5.12	592	9.55	500	3044	<b>5</b>		
3	37 4	<a href="#">Sinead Moloney</a> (OYD)	<a href="#">UCD</a>	16.30	678	2:34.65	636	1.45	566	4.88	527	8.69	444	2851	<b>4</b>		
4	34 8	<a href="#">Caoimhe</a>	<a href="#">UCD</a>	16.32	676	2:36.84	610	1.50	621	5.02	565	7.25	351	2823		NS	

		<a href="#">Basquille</a>														
5	121	<a href="#">Karen Dunne</a>	<a href="#">DCU</a>	18.32	456	2:45.17	515	1.50	621	4.82	511	7.85	390	2493	<b>3</b>	
6	136	<a href="#">Ashley McDonnell</a>	<a href="#">DCU</a>	20.44	267	2:32.66	660	1.45	566	4.70	479	7.04	338	2310	<b>2</b>	
7	055	<a href="#">Patricia Langhe</a>	<a href="#">CIT</a>	23.39	83	3:25.90	162	1.00	141	3.12	128	6.13	280	794	<b>1</b>	

## Discus

### Final

Place	Bib	Draw	Athlete	College	Round 1	Round 2	Round 3	Best	Round 4	Round 5	Round 6	Mark	Points	Note	Record
1	309	6	<a href="#">Clare Fitzgerald</a>	<a href="#">UCC</a>	41.98	43.51	x	43.51	42.91	46.37	51.22	51.22	<b>7</b>		IUA A
2	421	2	<a href="#">Kathy Hetherington</a>	<a href="#">UU</a>	x	38.50	39.45	39.45	37.68	36.31	x	39.45	<b>5</b>		UU
3	471	11	<a href="#">Zoe Scanlon</a>	<a href="#">WIT</a>	34.17	35.16	34.12	35.16	35.04	x	34.68	35.16	<b>4</b>		WIT
4	399	8	<a href="#">Alana Fratteroli</a>	<a href="#">UL</a>	27.98	x	28.99	28.99	28.46	30.51	30.31	30.51	<b>3</b>		
5	118	7	<a href="#">Shauna Daly</a>	<a href="#">DCU</a>	27.70	27.64	28.94	28.94	28.92	29.54	28.29	29.54	<b>2</b>		DCU
6	116	10	<a href="#">Theresa Conlon</a>	<a href="#">DCU</a>	x	27.15	26.93	27.15	26.75	x	28.59	28.59	<b>1</b>		
7	405	3	<a href="#">Aoife O'Malley</a>	<a href="#">UL</a>	24.46	x	22.20	24.46	23.80	23.61	x	24.46			

8	37 4	1	<a href="#">Sinead Moloney</a> (OYD)	<a href="#">UCD</a>	18.35	19.05	16.34	19.05	16.55	18.45	18.88	19.05			
9	01 6	5	<a href="#">Karen Walsh</a>	<a href="#">AIT</a>	16.95	17.35	16.63	17.35				17.35			
10	35 7	12	<a href="#">Christina Furlong</a>	<a href="#">UCD</a>	14.59	15.16	13.55	15.16				15.16			
11	05 5	13	<a href="#">Patricia Lange</a>	<a href="#">CIT</a>	12.10	11.88	13.49	13.49				13.49			
12	05 6	4	<a href="#">Roisin Mulcahy</a>	<a href="#">CIT</a>	11.61	12.14	x	12.14				12.14			
	48 3	9	<a href="#">Ailish Dunne</a>	<a href="#">Guest</a>	x	x	x					DN S			Guest

## Discus Para

### Final

Place	Athlete	College	Mark
1	<a href="#">Orla Barry</a>	<a href="#">Guest</a>	28.22
2	<a href="#">Catherine O'Neill</a>	<a href="#">Guest</a>	5.22

## Hammer

### Final

Place	Bib	Draw	Athlete	College	Round 1	Round 2	Round 3	Best	Round 4	Round 5	Round 6	Mark	Points	Record
1	35 7	4	<a href="#">Christina Furlong</a>	<a href="#">UCD</a>	x	x	26.99	26.99	44.28	41.84	44.80	44.80	7	
2	14 1	5	<a href="#">Megan Moynihan</a>	<a href="#">DCU</a>	44.78	40.20	39.08	44.78	x	44.52	44.60	44.78	5	
3	46 6	7	<a href="#">Charlotte</a>	<a href="#">WIT</a>	42.28	42.50	43.90	43.90	43.37	44.50	44.64	44.64	4	



			<a href="#">O'Farr ell</a>															
4	11 6	3	<a href="#">There sa Conlo n</a>	<a href="#">DCU</a>	40.1 0	41.5 5	40.6 8	41. 55	42.2 0	x	x			42.2 0	<b>3</b>			
5	16 7	6	<a href="#">Grain ne Miggi n</a>	<a href="#">Dund alk IT</a>	x	37.3 0	38.4 8	38. 48	37.9 5	x	x			38.4 8	<b>2</b>	Dund alk IT		
6	36 6	2	<a href="#">Lucin da Moor e</a>	<a href="#">UCD</a>	23.5 5	x	24.0 0	24. 00	x	x			24.1 0	24.1 0	<b>1</b>			
7	05 5	1	<a href="#">Patrici a Lange</a>	<a href="#">CIT</a>	11.4 8	x	15.2 0	15. 20	14.1 0	x	x			15.2 0				

## High Jump

### Final

Pl ac e	B i b	D r a w	Ath lete	Co l le ge	1. 0	1. 0	1. 1	1. 1	1. 2	1. 3	1. 4	1. 4	1. 5	1. 5	1. 6	1. 6	1. 7	1. 8	M ar k	Po int s	N ot e	Re co rd		
1	1 4 6	8	<a href="#">Deir dre Rya n</a>	<a href="#">DC U</a>											x x o		x x x		1.7 0	<b>7</b>				
2	1 2 4	4	<a href="#">Cath erin a Farr ell</a>	<a href="#">DC U</a>												o	o	x o	x x x		1.6 5	<b>5</b>		
3	3 6 5	1	<a href="#">Grai ne Mog gan</a>	<a href="#">UC D</a>													o	x o	x o	x x x		1.6 0	<b>4</b>	
4	3 0 7	13	<a href="#">Clai re Coll ins</a>	<a href="#">UC C</a>														o	x x x		1.5 5	<b>3</b>	UC C	
5	0	12	<a href="#">Sine</a>	<a href="#">AI</a>							o	x	o	x	x						1.5	<b>2</b>	AI	

	15		<a href="#">ad Touhy</a>	<a href="#">T</a>															o		x	x							5					T			
6	459	11	<a href="#">Leo na Byrne</a>	<a href="#">WI T</a>																	o										1.50	<b>0.33</b>			WI T		
6	348	2	<a href="#">Caoi mhe Bas quill e</a>	<a href="#">UC D</a>																	o	o		x	x	x						1.50	<b>0.33</b>				
6	401	10	<a href="#">Rois in Ho ward</a>	<a href="#">UL</a>																	o	o		x	x	x						1.50	<b>0.33</b>				
9	054	6	<a href="#">Mar y Ken neal ly</a>	<a href="#">CIT</a>	o	o	o	o																								1.15					
10	055	5	<a href="#">Patri cia Lan ge</a>	<a href="#">CIT</a>	o		x	x	x																							1.00					
	121	7	<a href="#">Kar en Dun ne</a>	<a href="#">DC U</a>																	o	o	o		x	x	x						1.50				C E O
	374	3	<a href="#">Sine ad Mol one y (OY D)</a>	<a href="#">UC D</a>																													1.45				C E O
	136	9	<a href="#">Ashl ey Mc Don nell</a>	<a href="#">DC U</a>																	o	o		x	x	x	x						1.45				C E O

## Javelin

### Final

Place	Bib	Draw	Athlete	College	Round 1	Round 2	Round 3	Best	Round 4	Round 5	Round 6	Mark	Points	Record
1	309	2	<a href="#">Clare Fitzgerald</a>	<a href="#">UCC</a>	36.07	36.83		36.83	36.42	35.02	32.84	36.83	7	
2	351	10	<a href="#">Emmy Coffey Nguyen</a>	<a href="#">UCD</a>	32.02		34.15	34.15	34.54	33.50	31.15	34.54	5	UCD
3	471	4	<a href="#">Zoe Scanlon</a>	<a href="#">WIT</a>	28.41	28.01		28.41				28.41	4	WIT
4	405	6	<a href="#">Aoife O'Malley</a>	<a href="#">UL</a>	23.11	26.74	24.85	26.74	26.44	24.04	27.08	27.08	3	
5	459	5	<a href="#">Leona Byrne</a>	<a href="#">WIT</a>	24.64	25.80	23.42	25.80		23.34	23.30	25.80	2	
6	128	1	<a href="#">Lisa Kelly</a>	<a href="#">DCU</a>	22.42	24.96	23.74	24.96	23.34	22.68	24.44	24.96	1	
7	147	3	<a href="#">Nikita Savage</a>	<a href="#">DCU</a>	23.40	23.35	20.24	23.40				23.40		
8	401	7	<a href="#">Roisin Howard</a>	<a href="#">UL</a>	22.80	23.15	22.24	23.15	22.82		21.30	23.15		
9	055	8	<a href="#">Patricia Lange</a>	<a href="#">CIT</a>	15.53	13.33	17.00	17.00				17.00		
10	053	9	<a href="#">Martina Fialova</a>	<a href="#">CIT</a>	10.65			10.65				10.65		

## Javelin/Club

### Final

Place	Athlete	College	Mark
1	<a href="#">Catherine O'Neill</a>	<a href="#">Guest</a>	12.45
2	<a href="#">Lorraine Ryan</a>	<a href="#">Guest</a>	13.92

## Long Jump

### Final

Place	Bib	Draw	Athlete	College	Round 1	Round 2	Round 3	Best	Round 4	Round 5	Round 6	Mark	Points	Note	Record
1	134	9	<a href="#">Sally Ann Maughan</a>	<a href="#">DCU</a>	5.49	5.40	5.22	5.49	4.60	5.35	x	5.49	7		
2	401	7	<a href="#">Roisin Howard</a>	<a href="#">UL</a>	5.12	5.10	4.91	5.12	4.73	5.19		5.19	5		
3	228	11	<a href="#">Hilary Kerr</a>	<a href="#">RCSI</a>	5.15	x	5.07	5.15	4.97	5.02	x	5.15	4		
4	365	5	<a href="#">Grainne Moggan</a>	<a href="#">UCD</a>	5.08	4.94	5.13	5.13	5.02			5.13	3		
5	057	14	<a href="#">Sinead O'Connor</a>	<a href="#">CIT</a>	4.72	5.08	4.87	5.08	4.78	5.00	4.78	5.08	2		CIT
6	315	4	<a href="#">Amanda Nevin</a>	<a href="#">UCC</a>	x	5.05	4.93	5.05	4.80	4.88	5.00	5.05	1		
7	348	10	<a href="#">Caoimhe Basquille</a>	<a href="#">UCD</a>	4.86	5.02	4.97	5.02	4.80			5.02			
8	131	2	<a href="#">Laura Langton</a>	<a href="#">DCU</a>	4.96	4.77	4.98	4.98	4.66	4.88		4.98			
9	468	8	<a href="#">Emma</a>	<a href="#">WIT</a>	4.27	3.96	x	4.27				4.27			

			<a href="#">O'Toole</a>														
10	056	1	<a href="#">Roisin Mulcahy</a>	<a href="#">CIT</a>	2.98				2.98					2.98			
	374	6	<a href="#">Sinead Moliney (OYD)</a>	<a href="#">UCD</a>	4.85	4.77	4.88	4.88						4.88			CEO
	121	13	<a href="#">Karen Dunne</a>	<a href="#">DCU</a>	4.68	4.82	4.46	4.82						4.82			CEO
	136	3	<a href="#">Ashley McDonnell</a>	<a href="#">DCU</a>	4.69	4.43	4.70	4.70						4.70			CEO
	055	12	<a href="#">Patricia Langre</a>	<a href="#">CIT</a>	x	3.12	3.00	3.12						3.12			CEO

## Pole Vault

### Final

Place	Bib	Draw	Athlete	College	1.50	1.70	1.90	2.10	2.50	2.70	2.90	3.10	3.65	3.85	4.00	Mark	Points	Record
1	422	1	<a href="#">Claire Wilkinson</a>	<a href="#">UU</a>									o	xo	xx	3.85	7	IUA A
2	218	5	<a href="#">Lisa Houlihan</a>	<a href="#">NUI M</a>					o	xo	xx	x				2.90	5	NUI M
3	186	4	<a href="#">Amy Phelan</a>	<a href="#">IT Carlow</a>				o	xx	xx	x					2.70	3.5	IT Carlow
3	147	6	<a href="#">Nikita</a>	<a href="#">DCU</a>				o	o	xx	xx	x				2.70	3.5	

			<a href="#">Savage</a>															
5	40 1	2	<a href="#">Roisin Howard</a>	<a href="#">UL</a>	o	xx o	xx x										1.7 0	<b>2</b>
6	05 7	3	<a href="#">Sinead O'Connor</a>	<a href="#">CIT</a>	xx x												NH	<b>1</b>

### Seated Shot

#### Final

Place	Athlete	College	Mark
1	<a href="#">Lorraine Regan</a>	<a href="#">Guest</a>	6.66

### Shot Putt

#### Final

Place	Bib	Draw	Athlete	College	Round 1	Round 2	Round 3	Best	Round 4	Round 5	Round 6	Mark	Po ints	No te	Rec ord
1	30 9	6	<a href="#">Clare Fitzgerald</a>	<a href="#">UCC</a>	13.7 3	13.4 9	13.3 2	13. 73	13.4 9	13.4 9	13.6 3	13. 73	<b>7</b>		
2	39 9	5	<a href="#">Alana Fratton</a>	<a href="#">UL</a>	10.2 5	11.0 3	10.5 0	11. 03	10.8 7	x	10.5 7	11. 03	<b>5</b>		
3	11 8	18	<a href="#">Shanna Daly</a>	<a href="#">DCU</a>	8.49	9.80	9.71	9.8 0	9.39	9.49	9.87	9.8 7	<b>4</b>		
4	47 1	17	<a href="#">Zoe Scanlon</a>	<a href="#">WIT</a>	9.53	9.54	9.80	9.8 0	9.81	9.78	x	9.8 1	<b>3</b>		
5	40 1	13	<a href="#">Roisin Howard</a>	<a href="#">UL</a>	9.55	9.34	8.97	9.5 5	8.67	8.43	9.01	9.5 5	<b>2</b>		
6	14 1	12	<a href="#">Megan</a>	<a href="#">DCU</a>	8.99	9.19	9.45	9.4 5	8.97	9.35	9.52	9.5 2	<b>1</b>		

			<a href="#">Moynihan</a>												
7	365	9	<a href="#">Grainne Moggan</a>	<a href="#">UCD</a>	x	9.15	8.90	9.15	8.31	8.67		9.15			
8	459	14	<a href="#">Leona Byrne</a>	<a href="#">WIT</a>	7.56	7.27	7.74	7.74	8.03	7.97	8.10	8.10			
9	011	11	<a href="#">Catherine Bradley</a>	<a href="#">AIT</a>	7.52	7.19	7.43	7.52				7.52			
10	419	1	<a href="#">Anne Doyle</a>	<a href="#">UU</a>	x	x	7.41	7.41				7.41			
11	351	21	<a href="#">Emmy Coffey Nguyen</a>	<a href="#">UCD</a>	7.04	7.31	7.17	7.31				7.31			
12	183	8	<a href="#">Murphy Mauria</a>	<a href="#">IT Carlrow</a>	x	6.75	6.61	6.75				6.75			IT Carlrow
13	055	3	<a href="#">Patricia Lang</a>	<a href="#">CIT</a>	x	6.13	5.62	6.13				6.13			
14	014	4	<a href="#">Tracey Keenan</a>	<a href="#">AIT</a>	4.94	4.29	x	4.94				4.94			
15	058	20	<a href="#">Noreen Mackey (OYD)</a>	<a href="#">CIT</a>	4.57			4.57				4.57			
	483	15	<a href="#">Ailish Dunne</a>	<a href="#">Guest</a>	x	x	x		7.01	7.33	x	7.33			Guest
	48	10	<a href="#">Nadin</a>	<a href="#">Guest</a>								DN			Gu

	2		<a href="#">e Lattimore</a>	<a href="#">t</a>									S	est
	374	19	<a href="#">Sinead Moliney (OYD)</a>	<a href="#">UCD</a>	7.85	7.56	8.69	8.69					8.69	CEO
	121	2	<a href="#">Karen Dunne</a>	<a href="#">DCU</a>	7.26	7.70	7.85	7.85					7.85	CEO
	348	16	<a href="#">Caoimhe Basquille</a>	<a href="#">UCD</a>	7.15	7.17	7.25	7.25					7.25	CEO
	136	7	<a href="#">Ashley McDonnell</a>	<a href="#">DCU</a>	7.04	5.65	6.16	7.04					7.04	CEO

## Triple Jump

### Final

Place	Bib	Draw	Athlete	College	Round 1	Round 2	Round 3	Best	Round 4	Round 5	Round 6	Mark	Po ints	Rec ord
1	182	2	<a href="#">Fiona Hill</a>	<a href="#">ITCarrow</a>	11.08	10.87	10.98	11.08	10.75	9.68	10.96	11.08	7	ITCarrow
2	057	1	<a href="#">Sinead O'Connor</a>	<a href="#">CIT</a>	10.48	10.63	10.56	10.63	10.40	10.31	10.19	10.63	5	CIT
3	128	4	<a href="#">Lisa Kelly</a>	<a href="#">DCU</a>	8.97	8.38	x	8.97	x	9.59	9.84	9.84	4	
4	348	6	<a href="#">Caoimhe Basquille</a>	<a href="#">UCD</a>	9.33	9.53	9.74	9.74	9.64	9.56	9.62	9.74	3	
5	315	7	<a href="#">Amanda</a>	<a href="#">UCC</a>	9.20	9.50	9.49	9.50	9.45	9.65	9.67	9.67	2	



			<a href="#">Nevin</a>											
6	40 5	5	<a href="#">Aoife O'Malley</a>	<a href="#">UL</a>	8.04	8.49	8.49	8.4 9	8.68	9.08	8.81	9.08	<b>1</b>	
7	14 8	3	<a href="#">Hannah Trehay</a>	<a href="#">DCU</a>	7.89	8.21	8.79	8.7 9	x	x	x	8.79		

## Male

### [100m](#)

#### Semi-Final One

Windspeed: 0.50 m/s

Place	Bib	Lane	Athlete	College	Mark	Q	Record
1	239	4	<a href="#">Eamonn Fahey</a>	<a href="#">TCD</a>	11.00	Q	
2	163	2	<a href="#">Paul Whelan</a>	<a href="#">DIT</a>	11.02	Q	
3	173	7	<a href="#">Olawale Egbeyemi</a>	<a href="#">IT Carlow</a>	11.43		IT Carlow
4	383	6	<a href="#">David Killeen</a>	<a href="#">UL</a>	11.46		
5	335	1	<a href="#">Ferdia Kenny</a>	<a href="#">UCD</a>	11.49		
6	018	3	<a href="#">Robert Bennett</a>	<a href="#">CIT</a>	11.80		
7	007	8	<a href="#">David Conway</a>	<a href="#">AIT</a>	12.43		
8	197	5	<a href="#">Shaun Gallagher</a>	<a href="#">Letterkenny IT</a>	12.75		Letterkenny IT

#### Semi-Final Two

Windspeed: 1.50 m/s

Place	Bib	Lane	Athlete	College	Mark	Q
1	440	7	<a href="#">David Hynes</a>	<a href="#">WIT</a>	10.83	Q
2	324	2	<a href="#">Jamie Davis</a>	<a href="#">UCD</a>	10.96	Q
3	416	3	<a href="#">Adam McMullan</a>	<a href="#">UU</a>	11.06	q
4	010	8	<a href="#">Lawrence O'Reilly</a>	<a href="#">AIT</a>	11.40	
5	259	1	<a href="#">James Sinclair-Ford</a>	<a href="#">TCD</a>	11.64	
6	198	5	<a href="#">Ronan Coyle</a>	<a href="#">NUIG</a>	11.81	
7	068	4	<a href="#">Daniel Doran</a>	<a href="#">DCU</a>	12.04	
8	176	6	<a href="#">Ore Ogunde</a>	<a href="#">IT Carlow</a>	12.05	

#### Semi-Final Three

Windspeed: 2.90 m/s (illegal windspeed)

Place	Bib	Lane	Athlete	College	Mark	Q
1	408	1	<a href="#">Dean Adams</a>	<a href="#">UU</a>	10.93	Q
2	095	3	<a href="#">David O'Shea</a>	<a href="#">DCU</a>	11.05	Q
3	296	8	<a href="#">Edmund O'Halloran</a>	<a href="#">UCC</a>	11.18	q
4	450	7	<a href="#">Barry Regan</a>	<a href="#">WIT</a>	11.48	
5	017	6	<a href="#">Danny Allen</a>	<a href="#">CIT</a>	11.54	
6	376	4	<a href="#">Donal Brennan</a>	<a href="#">UL</a>	11.71	
7	192	2	<a href="#">Joshua Essuman</a>	<a href="#">IT Tallaght</a>	11.79	
8	208	5	<a href="#">Barry Quigg</a>	<a href="#">NUIG</a>	12.16	

### Final

Windspeed: 1.60 m/s

Place	Bib	Lane	Athlete	College	Mark	Points	Record
1	440	5	<a href="#">David Hynes</a>	<a href="#">WIT</a>	10.74	7	WIT
2	408	3	<a href="#">Dean Adams</a>	<a href="#">UU</a>	10.79	5	UU
3	239	4	<a href="#">Eamonn Fahey</a>	<a href="#">TCD</a>	10.94	3.5	
3	324	6	<a href="#">Jamie Davis</a>	<a href="#">UCD</a>	10.94	3.5	
5	416	2	<a href="#">Adam McMullan</a>	<a href="#">UU</a>	10.95	2	
6	095	8	<a href="#">David O'Shea</a>	<a href="#">DCU</a>	11.07	1	
7	163	7	<a href="#">Paul Whelan</a>	<a href="#">DIT</a>	11.14		
8	296	1	<a href="#">Edmund O'Halloran</a>	<a href="#">UCC</a>	11.25		

### 100m Wheelchair

#### Final

Windspeed: -0.30 m/s

Place	Athlete	College	Mark
1	<a href="#">John McCarthy</a>	<a href="#">Guest</a>	26.63

### 110m Hurdles

#### Final

Windspeed: 1.80 m/s

Place	Bib	Lane	Athlete	College	Mark	Points	Record
1	296	7	<a href="#">Edmund O'Halloran</a>	<a href="#">UCC</a>	15.73	7	
2	192	3	<a href="#">Joshua Essuman</a>	<a href="#">IT Tallaght</a>	17.88	5	IT Tallaght
3	029	4	<a href="#">Thomas Houlihan</a>	<a href="#">CIT</a>	19.09	4	

4	453	6	<a href="#">Damien Walsh</a>	<a href="#">WIT</a>	19.77	<b>3</b>	
5	265	5	<a href="#">John Keegan</a> (OYD)	<a href="#">TCD</a>	20.43	<b>2</b>	

## 200m

### Semi-Final One

Windspeed: -0.60 m/s

Place	Bib	Lane	Athlete	College	Mark	Q	Record
1	100	7	<a href="#">Chris Russell</a>	<a href="#">DCU</a>	22.80	Q	
2	383	2	<a href="#">David Killeen</a>	<a href="#">UL</a>	22.95	Q	
3	193	4	<a href="#">Stuart Roche</a>	<a href="#">IT Tallaght</a>	23.46		IT Tallaght
4	335	6	<a href="#">Ferdia Kenny</a>	<a href="#">UCD</a>	23.60		
5	018	8	<a href="#">Robert Bennett</a>	<a href="#">CIT</a>	24.40		
6	007	3	<a href="#">David Conway</a>	<a href="#">AIT</a>	25.26		
	200	5	<a href="#">Neil Hyland</a>	<a href="#">NUIG</a>	DNS		

### Semi-Final Two

Windspeed: -1.40 m/s

Place	Bib	Lane	Athlete	College	Mark	Q	Record
1	440	6	<a href="#">David Hynes</a>	<a href="#">WIT</a>	22.31	Q	
2	410	5	<a href="#">Jason Harvey</a>	<a href="#">UU</a>	22.78	Q	
3	082	2	<a href="#">Mark Kavanagh</a>	<a href="#">DCU</a>	22.96	q	
4	010	3	<a href="#">Lawrence O'Reilly</a>	<a href="#">AIT</a>	23.01	q	
5	325	8	<a href="#">Eoin Delaney</a>	<a href="#">UCD</a>	24.73		
6	258	4	<a href="#">Kieron Sexton</a>	<a href="#">TCD</a>	25.50		
7	197	7	<a href="#">Shaun Gallagher</a>	<a href="#">Letterkenny IT</a>	25.85		Letterkenny IT

### Semi-Final Three

Windspeed: -1.20 m/s

Place	Bib	Lane	Athlete	College	Mark	Q
1	163	4	<a href="#">Paul Whelan</a>	<a href="#">DIT</a>	22.79	Q
2	416	8	<a href="#">Adam McMullan</a>	<a href="#">UU</a>	23.13	Q
3	450	2	<a href="#">Barry Regan</a>	<a href="#">WIT</a>	23.59	
4	259	6	<a href="#">James Sinclair-Ford</a>	<a href="#">TCD</a>	23.68	
5	017	7	<a href="#">Danny Allen</a>	<a href="#">CIT</a>	23.91	
6	376	5	<a href="#">Donal Brennan</a>	<a href="#">UL</a>	24.04	
7	198	3	<a href="#">Ronan Coyle</a>	<a href="#">NUIG</a>	24.55	

## Final

Windspeed: 0.90 m/s

Place	Bib	Lane	Athlete	College	Mark	Points	Record
1	440	3	<a href="#">David Hynes</a>	<a href="#">WIT</a>	22.23	7	WIT
2	416	7	<a href="#">Adam McMullan</a>	<a href="#">UU</a>	22.43	5	
3	100	4	<a href="#">Chris Russell</a>	<a href="#">DCU</a>	22.55	4	
4	410	6	<a href="#">Jason Harvey</a>	<a href="#">UU</a>	22.59	3	
5	082	1	<a href="#">Mark Kavanagh</a>	<a href="#">DCU</a>	22.66	2	
6	163	5	<a href="#">Paul Whelan</a>	<a href="#">DIT</a>	22.87	1	
7	383	8	<a href="#">David Killeen</a>	<a href="#">UL</a>	23.16		
8	010	2	<a href="#">Lawrence O'Reilly</a>	<a href="#">AIT</a>	23.31		

## 400m

### Semi-Final One

Place	Bib	Lane	Athlete	College	Mark	Q
1	221	3	<a href="#">Ben Maze</a>	<a href="#">QUB</a>	50.35	Q
2	412	8	<a href="#">John Housten</a>	<a href="#">UU</a>	50.44	Q
3	045	6	<a href="#">Cathal Owens</a>	<a href="#">CIT</a>	50.63	q
4	088	2	<a href="#">Ciaran Mackey</a>	<a href="#">DCU</a>	51.07	q
5	178	7	<a href="#">Alan Whelan</a>	<a href="#">IT Carlow</a>	52.69	
6	257	1	<a href="#">Salim Sebaoui</a>	<a href="#">TCD</a>	53.66	
7	382	5	<a href="#">Andrew Heffernan</a>	<a href="#">UL</a>	55.12	
8	436	4	<a href="#">Ben Galvin</a>	<a href="#">WIT</a>	60.26	

### Semi-Final Two

Place	Bib	Lane	Athlete	College	Mark	Q
1	100	3	<a href="#">Chris Russell</a>	<a href="#">DCU</a>	50.55	Q
2	385	7	<a href="#">David MacAogain</a>	<a href="#">UL</a>	51.71	Q
3	289	8	<a href="#">Daniel Ahern</a>	<a href="#">UCC</a>	52.26	q
4	200	6	<a href="#">Neil Hyland</a>	<a href="#">NUIG</a>	52.60	q
5	236	2	<a href="#">Garrett Dunne</a>	<a href="#">TCD</a>	53.21	
6	394	4	<a href="#">Gerard O'Shea (OYD)</a>	<a href="#">UL</a>	54.07	
7	429	5	<a href="#">Alan Danagher</a>	<a href="#">WIT</a>	57.52	

## Final

Place	Bib	Lane	Athlete	College	Mark	Points	Record
-------	-----	------	---------	---------	------	--------	--------

1	100	5	<a href="#">Chris Russell</a>	<a href="#">DCU</a>	49.04	<b>7</b>	DCU
2	412	6	<a href="#">John Housten</a>	<a href="#">UU</a>	49.32	<b>5</b>	
3	221	4	<a href="#">Ben Maze</a>	<a href="#">QUB</a>	49.37	<b>4</b>	
4	088	8	<a href="#">Ciaran Mackey</a>	<a href="#">DCU</a>	50.87	<b>3</b>	
5	045	7	<a href="#">Cathal Owens</a>	<a href="#">CIT</a>	51.61	<b>2</b>	
6	289	1	<a href="#">Daniel Ahern</a>	<a href="#">UCC</a>	52.05	<b>1</b>	
7	200	2	<a href="#">Neil Hyland</a>	<a href="#">NUIG</a>	52.11		
8	385	3	<a href="#">David MacAogain</a>	<a href="#">UL</a>	52.39		

### 400m Hurdles

#### Final

Place	Bib	Lane	Athlete	College	Mark	Points	Record
1	379	5	<a href="#">Timmy Crowe</a>	<a href="#">UL</a>	53.55	<b>7</b>	UL
2	061	4	<a href="#">Paul Byrne</a>	<a href="#">DCU</a>	53.80	<b>5</b>	
3	456	3	<a href="#">Barry Upton (OYD)</a>	<a href="#">WIT</a>	55.54	<b>4</b>	
4	194	7	<a href="#">Samuel Simon</a>	<a href="#">IT Tallaght</a>	70.97	<b>3</b>	IT Tallaght
5	035	6	<a href="#">Kevin Maybury</a>	<a href="#">CIT</a>	83.70	<b>2</b>	
	375	2	<a href="#">Thomas Barr</a>	<a href="#">UL</a>	DQ		

### 800m

#### Semi-Final One

Place	Bib	Lane	Athlete	College	Mark	Q	Record
1	072	5	<a href="#">Mark English</a>	<a href="#">DCU</a>	2:00.18	Q	
2	155	1	<a href="#">Billy Crosbie</a>	<a href="#">DIT</a>	2:00.50	Q	
3	323	8	<a href="#">Cathal Daly</a>	<a href="#">UCD</a>	2:00.51	q	
4	187	6	<a href="#">Uwechue Unchenna</a>	<a href="#">IT Sligo</a>	2:02.26		IT Sligo
5	234	7	<a href="#">Gerard Claffey</a>	<a href="#">TCD</a>	2:03.32		
6	444	3	<a href="#">James Maher</a>	<a href="#">WIT</a>	2:03.94		
7	386	9	<a href="#">Colin Maher</a>	<a href="#">UL</a>	2:04.18		
8	020	4	<a href="#">John Collins</a>	<a href="#">CIT</a>	2:04.52		
9	411	2	<a href="#">Ruairi Heaney</a>	<a href="#">UU</a>	2:17.19		

#### Semi-Final Two

Place	Bib	Lane	Athlete	College	Mark	Q	Record
1	083	2	<a href="#">Brian Kelly</a>	<a href="#">DCU</a>	1:57.00	Q	
2	158	1	<a href="#">Aindriú Jenkinson</a>	<a href="#">DIT</a>	1:57.27	Q	

3	443	5	<a href="#">Darragh Lynch</a>	<a href="#">WIT</a>	1:57.77	q	
4	339	7	<a href="#">Richard Owens</a>	<a href="#">UCD</a>	1:58.85	q	
5	261	3	<a href="#">Liam Tremble</a>	<a href="#">TCD</a>	1:59.19	q	
6	042	6	<a href="#">Michael Pat O'Regan</a>	<a href="#">CIT</a>	2:01.13		
7	203	8	<a href="#">Cormac McDonnell</a>	<a href="#">NUIG</a>	2:01.58		NUIG
8	387	4	<a href="#">Shawn Mc Cormack</a>	<a href="#">UL</a>	2:02.71		

### Final

Place	Bib	Lane	Athlete	College	Mark	Points
1	072	1	<a href="#">Mark English</a>	<a href="#">DCU</a>	1:52.64	<b>7</b>
2	083	5	<a href="#">Brian Kelly</a>	<a href="#">DCU</a>	1:54.09	<b>5</b>
3	323	6	<a href="#">Cathal Daly</a>	<a href="#">UCD</a>	1:55.39	<b>4</b>
4	443	3	<a href="#">Darragh Lynch</a>	<a href="#">WIT</a>	1:56.46	<b>3</b>
5	158	2	<a href="#">Aindriú Jenkinson</a>	<a href="#">DIT</a>	1:56.81	<b>2</b>
6	339	8	<a href="#">Richard Owens</a>	<a href="#">UCD</a>	1:57.46	<b>1</b>
7	155	4	<a href="#">Billy Crosbie</a>	<a href="#">DIT</a>	1:57.88	
8	261	7	<a href="#">Liam Tremble</a>	<a href="#">TCD</a>	2:02.44	

### 1500m

#### Semi-Final One

Place	Bib	Lane	Athlete	College	Mark	Q
1	413	5	<a href="#">Mark Hay</a>	<a href="#">UU</a>	4:12.76	Q
2	481	1	<a href="#">Michael McKillop</a>	<a href="#">Guest</a>	4:12.77	Q
3	431	7	<a href="#">Gavin Downey</a>	<a href="#">WIT</a>	4:13.91	Q
4	294	6	<a href="#">Kieran James</a>	<a href="#">UCC</a>	4:14.63	Q
5	378	8	<a href="#">Kevin Chesser</a>	<a href="#">UL</a>	4:18.05	
6	027	3	<a href="#">Craig Harrington</a>	<a href="#">CIT</a>	4:40.20	
7	199	9	<a href="#">Thomas Fagan</a>	<a href="#">NUIG</a>	4:44.91	
8	255	4	<a href="#">Ciaran Porter</a>	<a href="#">TCD</a>	4:47.12	
	090	2	<a href="#">Mark McDonald</a>	<a href="#">DCU</a>	DNS	

#### Semi-Final Two

Place	Bib	Lane	Athlete	College	Mark	Q
1	430	6	<a href="#">Michael Dowling</a>	<a href="#">WIT</a>	4:07.33	Q
2	152	3	<a href="#">Daire Bermingham</a>	<a href="#">DIT</a>	4:07.72	Q
3	336	5	<a href="#">Dan King</a>	<a href="#">UCD</a>	4:09.94	Q
4	102	4	<a href="#">Joe Warne</a>	<a href="#">DCU</a>	4:10.13	Q

5	384	1	<a href="#">James Ledingham</a>	<a href="#">UL</a>	4:11.20	q
6	168	9	<a href="#">Peadar Harvey</a>	<a href="#">GMIT</a>	4:14.61	q
7	030	2	<a href="#">Willie Hughes</a>	<a href="#">CIT</a>	4:15.23	q
8	290	7	<a href="#">George Boyle</a>	<a href="#">UCC</a>	4:16.68	q
9	246	8	<a href="#">Daragh McCashin</a>	<a href="#">TCD</a>	4:40.73	

### Final

Place	Bib	Lane	Athlete	College	Mark	Points
1	102	6	<a href="#">Joe Warne</a>	<a href="#">DCU</a>	4:00.98	<b>7</b>
2	430	10	<a href="#">Michael Dowling</a>	<a href="#">WIT</a>	4:01.75	<b>5</b>
3	152	3	<a href="#">Daire Bermingham</a>	<a href="#">DIT</a>	4:04.53	<b>4</b>
4	413	11	<a href="#">Mark Hay</a>	<a href="#">UU</a>	4:06.64	<b>3</b>
5	384	1	<a href="#">James Ledingham</a>	<a href="#">UL</a>	4:08.39	<b>2</b>
6	336	2	<a href="#">Dan King</a>	<a href="#">UCD</a>	4:11.74	<b>1</b>
7	431	7	<a href="#">Gavin Downey</a>	<a href="#">WIT</a>	4:15.36	
8	294	8	<a href="#">Kieran James</a>	<a href="#">UCC</a>	4:15.74	
9	481	12	<a href="#">Michael McKillop</a>	<a href="#">Guest</a>	4:16.46	
10	168	9	<a href="#">Peadar Harvey</a>	<a href="#">GMIT</a>	4:22.49	
11	030	5	<a href="#">Willie Hughes</a>	<a href="#">CIT</a>	4:22.58	
	290	4	<a href="#">George Boyle</a>	<a href="#">UCC</a>	DNS	

### 3000m Steeplechase

### Final

Place	Bib	Lane	Athlete	College	Mark	Points	Record
1	081	7	<a href="#">Emmet Jennings</a>	<a href="#">DCU</a>	9:25.18	<b>7</b>	
2	099	2	<a href="#">Jayme Rossiter</a>	<a href="#">DCU</a>	9:29.86	<b>5</b>	
3	445	4	<a href="#">Brian McGinley</a>	<a href="#">WIT</a>	9:43.74	<b>4</b>	WIT
4	322	3	<a href="#">Robert Corbally</a>	<a href="#">UCD</a>	9:44.00	<b>3</b>	
5	333	8	<a href="#">Chris Johnston</a>	<a href="#">UCD</a>	9:46.61	<b>2</b>	
6	240	10	<a href="#">Donal Foley</a>	<a href="#">TCD</a>	10:50.43	<b>1</b>	
7	026	9	<a href="#">Stephen Hannon</a>	<a href="#">CIT</a>	11:51.37		
8	454	1	<a href="#">Stephen Walter</a>	<a href="#">WIT</a>	11:56.24		
9	025	5	<a href="#">Neil Feeney</a>	<a href="#">CIT</a>	12:40.82		
10	156	6	<a href="#">David Doran</a>	<a href="#">DIT</a>	13:19.39		

### 3000m Walk

### Final

Place	Bib	Lane	Athlete	College	Mark	Points	Record
1	389	1	<a href="#">Cian McManamon</a>	<a href="#">UL</a>	12:25.44	7	
2	300	8	<a href="#">Niall Prendiville</a>	<a href="#">UCC</a>	12:52.34	5	UCC
3	078	6	<a href="#">James Griffin</a>	<a href="#">DCU</a>	13:13.16	4	
4	392	3	<a href="#">Fergal Smithwick</a>	<a href="#">UL</a>	15:22.79	3	
5	201	4	<a href="#">Peter Manion</a>	<a href="#">NUIG</a>	15:46.38	2	
6	174	2	<a href="#">Egan Gavin</a>	<a href="#">IT Carlow</a>	19:02.28	1	
	024	5	<a href="#">Eanna Farrell</a>	<a href="#">CIT</a>	DQ		
	049	7	<a href="#">Juri Thoma</a>	<a href="#">CIT</a>	DQ		

## 5000m

### Final

Place	Bib	Lane	Athlete	College	Mark	Points	Record
1	063	4	<a href="#">John Coghlan</a>	<a href="#">DCU</a>	14:56.97	7	
2	153	18	<a href="#">Liam Brady</a>	<a href="#">DIT</a>	15:14.01	5	DIT
3	261	9	<a href="#">Liam Tremble</a>	<a href="#">TCD</a>	15:21.17	4	
4	381	13	<a href="#">Tomas Hayes</a>	<a href="#">UL</a>	15:25.00	3	
5	333	12	<a href="#">Chris Johnston</a>	<a href="#">UCD</a>	15:29.85	2	
6	006	20	<a href="#">Vincent Connolly</a>	<a href="#">AIT</a>	15:34.75	1	AIT
7	223	17	<a href="#">James O'Hare</a>	<a href="#">QUB</a>	15:34.93		
8	216	2	<a href="#">Luke Forde</a>	<a href="#">NUIM</a>	15:46.26		
9	390	19	<a href="#">Kevin Moore</a>	<a href="#">UL</a>	15:47.42		
10	337	6	<a href="#">Thomas Moran</a>	<a href="#">UCD</a>	15:53.92		
11	438	14	<a href="#">Patrick Hogan</a>	<a href="#">WIT</a>	16:08.59		
12	209	7	<a href="#">Diarmuid Collins</a> (OYD)	<a href="#">NUIG</a>	16:18.39		
13	188	8	<a href="#">Harry Lupton</a> (OYD)	<a href="#">IT Sligo</a>	16:36.84		
14	429	3	<a href="#">Alan Danagher</a>	<a href="#">WIT</a>	16:47.87		
15	240	5	<a href="#">Donal Foley</a>	<a href="#">TCD</a>	16:58.39		
16	302	16	<a href="#">Bill Twomey</a>	<a href="#">UCC</a>	17:37.82		
17	027	1	<a href="#">Craig Harrington</a>	<a href="#">CIT</a>	18:15.00		
	417	10	<a href="#">Steven Rooney</a>	<a href="#">UU</a>	DNF		
	042	11	<a href="#">Michael Pat O'Regan</a>	<a href="#">CIT</a>	DNF		
	102	15	<a href="#">Joe Warne</a>	<a href="#">DCU</a>	DNF		

## 10000m

### Final

Place	Bib	Lane	Athlete	College	Mark	Points	Record
-------	-----	------	---------	---------	------	--------	--------



1	098	5	<a href="#">Paul Robinson</a>	<a href="#">DCU</a>	31:19.10	<b>7</b>	
2	427	2	<a href="#">Andrew Connick</a>	<a href="#">WIT</a>	31:59.03	<b>5</b>	WIT
3	380	1	<a href="#">Liam Feeley</a>	<a href="#">UL</a>	32:03.07	<b>4</b>	UL
4	304	8	<a href="#">Barry O'Donovan</a> (OYD)	<a href="#">UCC</a>	32:45.95	<b>3</b>	
5	438	4	<a href="#">Patrick Hogan</a>	<a href="#">WIT</a>	33:08.74	<b>2</b>	
6	169	12	<a href="#">Murphy Brian</a>	<a href="#">ILSI</a>	33:45.83	<b>1</b>	
7	346	11	<a href="#">Conan McCaughey</a> (OYD)	<a href="#">UCD</a>	33:46.70		
8	326	10	<a href="#">James Egan</a>	<a href="#">UCD</a>	33:58.28		
9	256	6	<a href="#">John Reidy</a>	<a href="#">TCD</a>	34:18.83		
10	209	7	<a href="#">Diarmuid Collins</a> (OYD)	<a href="#">NUIG</a>	34:42.84		
11	237	9	<a href="#">Ciarán Elster</a>	<a href="#">TCD</a>	39:29.28		
	377	3	<a href="#">Michael Carmody</a>	<a href="#">UL</a>	DNF		

## 16kgWfD

### Final

Place	Bi	Dr	Athlete	College	Round 1	Round 2	Round 3	Best	Round 4	Round 5	Round 6	Mark	Poi	Rec
	b	aw			1	2	3	st	4	5	6	rk	nts	ord
1	34	1	<a href="#">David Tierney</a>	<a href="#">UCD</a>	10.52	10.48	9.98	10.52	x	10.42	10.55	10.55	<b>7</b>	IUA A
2	03	11	<a href="#">Eoin Murphy</a>	<a href="#">CIT</a>	7.93	8.32	7.86	8.32	7.73	7.96	7.98	8.32	<b>5</b>	CIT
3	33	9	<a href="#">Darra</a> <a href="#">gh Hanlon</a>	<a href="#">UCD</a>	7.45	7.80	x	7.80	x	7.18	x	7.80	<b>4</b>	
4	02	8	<a href="#">Paul Hazler</a>	<a href="#">CIT</a>	6.83	6.77	7.24	7.24	7.44	7.06	7.59	7.59	<b>3</b>	
5	23	2	<a href="#">Conal</a> <a href="#">Campion</a>	<a href="#">TCD</a>	x	6.62	7.17	7.17	6.51	6.79	6.49	7.17	<b>2</b>	
6	17	5	<a href="#">Matthew O'Reilly</a> (OYD)	<a href="#">IT</a> <a href="#">Carlow</a>	6.02	6.94	6.70	6.94	6.28	6.48	6.78	6.94	<b>1</b>	IT Carlow

			)											
7	23 5	6	<a href="#">Nicholas Clarke</a>	<a href="#">TCD</a>	6.88	x	5.31	6.88	6.56	6.35	6.80	6.88		
8	05 9	3	<a href="#">Eric Brady</a>	<a href="#">DCU</a>	6.33	6.49	5.89	6.49	6.53	6.12	6.53	6.53		
9	17 4	4	<a href="#">Egan Gavin</a>	<a href="#">IT Carlow</a>	6.36	6.14	6.12	6.36				6.36		
10	09 7	10	<a href="#">Marco Pons</a>	<a href="#">DCU</a>	6.00	x	x	6.00				6.00		
	42 8	7	<a href="#">Shane Connick</a>	<a href="#">WIT</a>								NT		

### 4 x 100m Relay

#### Semi-Final One

Place	Bib	Lane	Leg	Athlete	College	Mark	Q
1	375	4	1	<a href="#">Thomas Barr</a>	<a href="#">UL</a>	44.04	Q
1	376	4	2	<a href="#">Donal Brennan</a>	<a href="#">UL</a>	44.04	Q
1	383	4	3	<a href="#">David Killeen</a>	<a href="#">UL</a>	44.04	Q
1	385	4	4	<a href="#">David MacAogain</a>	<a href="#">UL</a>	44.04	Q
2	428	3	1	<a href="#">Shane Connick</a>	<a href="#">WIT</a>	44.15	Q
2	440	3	2	<a href="#">David Hynes</a>	<a href="#">WIT</a>	44.15	Q
2	450	3	3	<a href="#">Barry Regan</a>	<a href="#">WIT</a>	44.15	Q
2	456	3	4	<a href="#">Barry Upton</a> (OYD)	<a href="#">WIT</a>	44.15	Q
3	324	7	1	<a href="#">Jamie Davis</a>	<a href="#">UCD</a>	44.59	q
3	335	7	2	<a href="#">Ferdia Kenny</a>	<a href="#">UCD</a>	44.59	q
3	338	7	3	<a href="#">Stephen Murphy</a>	<a href="#">UCD</a>	44.59	q
3	325	7	4	<a href="#">Eoin Delaney</a>	<a href="#">UCD</a>	44.59	q
4	263	6	1	<a href="#">Robert Whelan</a>	<a href="#">TCD</a>	46.51	q
4	259	6	2	<a href="#">James Sinclair-Ford</a>	<a href="#">TCD</a>	46.51	q
4	265	6	3	<a href="#">John Keegan</a> (OYD)	<a href="#">TCD</a>	46.51	q
4	239	6	4	<a href="#">Eamonn Fahey</a>	<a href="#">TCD</a>	46.51	q
5	172	5	1	<a href="#">Gillen Daniel</a>	<a href="#">IT Carlow</a>	47.00	q

5	173	5	2	<a href="#">Olawale Egbeyemi</a>	<a href="#">IT Carlow</a>	47.00	q
5	176	5	3	<a href="#">Ore Ogunde</a>	<a href="#">IT Carlow</a>	47.00	q
5	178	5	4	<a href="#">Alan Whelan</a>	<a href="#">IT Carlow</a>	47.00	q

### Semi-Final Two

Place	Bib	Lane	Leg	Athlete	College	Mark	Q	Record
1	289	7	1	<a href="#">Daniel Ahern</a>	<a href="#">UCC</a>	44.14	Q	
1	301	7	2	<a href="#">David Quilligan</a>	<a href="#">UCC</a>	44.14	Q	
1	296	7	3	<a href="#">Edmund O'Halloran</a>	<a href="#">UCC</a>	44.14	Q	
1	298	7	4	<a href="#">Tomas O'Sullivan</a>	<a href="#">UCC</a>	44.14	Q	
2	017	6	1	<a href="#">Danny Allen</a>	<a href="#">CIT</a>	45.03	Q	CIT
2	018	6	2	<a href="#">Robert Bennett</a>	<a href="#">CIT</a>	45.03	Q	CIT
2	045	6	3	<a href="#">Cathal Owens</a>	<a href="#">CIT</a>	45.03	Q	CIT
2	029	6	4	<a href="#">Thomas Houlihan</a>	<a href="#">CIT</a>	45.03	Q	CIT
3	082	3	1	<a href="#">Mark Kavanagh</a>	<a href="#">DCU</a>	46.32	q	
3	095	3	2	<a href="#">David O'Shea</a>	<a href="#">DCU</a>	46.32	q	
3	068	3	3	<a href="#">Daniel Doran</a>	<a href="#">DCU</a>	46.32	q	
3	100	3	4	<a href="#">Chris Russell</a>	<a href="#">DCU</a>	46.32	q	
4	198	4	1	<a href="#">Ronan Coyle</a>	<a href="#">NUIG</a>	47.27		
4	200	4	2	<a href="#">Neil Hyland</a>	<a href="#">NUIG</a>	47.27		
4	204	4	3	<a href="#">Oisín O'Carroll</a>	<a href="#">NUIG</a>	47.27		
4	208	4	4	<a href="#">Barry Quigg</a>	<a href="#">NUIG</a>	47.27		
	408	5	1	<a href="#">Dean Adams</a>	<a href="#">UU</a>	DNF		
	410	5	2	<a href="#">Jason Harvey</a>	<a href="#">UU</a>	DNF		
	412	5	3	<a href="#">John Houston</a>	<a href="#">UU</a>	DNF		
	409	5	4	<a href="#">Gary Coulter</a>	<a href="#">UU</a>	DNF		

### Final

Place	Bib	Lane	Leg	Athlete	College	Mark	Points	Record
1	375	6	1	<a href="#">Thomas Barr</a>	<a href="#">UL</a>	42.23	<b>10</b>	
1	376	6	2	<a href="#">Donal Brennan</a>	<a href="#">UL</a>	42.23	<b>10</b>	
1	388	6	3	<a href="#">Ciaran McCabe</a>	<a href="#">UL</a>	42.23	<b>10</b>	
1	379	6	4	<a href="#">Timmy Crowe</a>	<a href="#">UL</a>	42.23	<b>10</b>	
2	082	1	1	<a href="#">Mark Kavanagh</a>	<a href="#">DCU</a>	43.33	<b>8</b>	
2	095	1	2	<a href="#">David O'Shea</a>	<a href="#">DCU</a>	43.33	<b>8</b>	
2	091	1	3	<a href="#">Eoin Muldowney</a>	<a href="#">DCU</a>	43.33	<b>8</b>	
2	100	1	4	<a href="#">Chris Russell</a>	<a href="#">DCU</a>	43.33	<b>8</b>	
3	324	2	1	<a href="#">Jamie Davis</a>	<a href="#">UCD</a>	43.35	<b>6</b>	

3	335	2	2	<a href="#">Ferdia Kenny</a>	<a href="#">UCD</a>	43.35	<b>6</b>	
3	338	2	3	<a href="#">Stephen Murphy</a>	<a href="#">UCD</a>	43.35	<b>6</b>	
3	347	2	4	<a href="#">Patrick Phelan (OYD)</a>	<a href="#">UCD</a>	43.35	<b>6</b>	
4	450	3	1	<a href="#">Barry Regan</a>	<a href="#">WIT</a>	43.63	<b>4</b>	WIT
4	456	3	2	<a href="#">Barry Upton (OYD)</a>	<a href="#">WIT</a>	43.63	<b>4</b>	WIT
4	428	3	3	<a href="#">Shane Connick</a>	<a href="#">WIT</a>	43.63	<b>4</b>	WIT
4	440	3	4	<a href="#">David Hynes</a>	<a href="#">WIT</a>	43.63	<b>4</b>	WIT
5	289	4	1	<a href="#">Daniel Ahern</a>	<a href="#">UCC</a>	43.82	<b>2</b>	
5	301	4	2	<a href="#">David Quilligan</a>	<a href="#">UCC</a>	43.82	<b>2</b>	
5	296	4	3	<a href="#">Edmund O'Halloran</a>	<a href="#">UCC</a>	43.82	<b>2</b>	
5	298	4	4	<a href="#">Tomas O'Sullivan</a>	<a href="#">UCC</a>	43.82	<b>2</b>	
6	263	8	1	<a href="#">Robert Whelan</a>	<a href="#">TCD</a>	43.97	<b>1</b>	
6	239	8	2	<a href="#">Eamonn Fahey</a>	<a href="#">TCD</a>	43.97	<b>1</b>	
6	236	8	3	<a href="#">Garrett Dunne</a>	<a href="#">TCD</a>	43.97	<b>1</b>	
6	259	8	4	<a href="#">James Sinclair-Ford</a>	<a href="#">TCD</a>	43.97	<b>1</b>	
7	017	5	1	<a href="#">Danny Allen</a>	<a href="#">CIT</a>	45.36		
7	018	5	2	<a href="#">Robert Bennett</a>	<a href="#">CIT</a>	45.36		
7	045	5	3	<a href="#">Cathal Owens</a>	<a href="#">CIT</a>	45.36		
7	029	5	4	<a href="#">Thomas Houlihan</a>	<a href="#">CIT</a>	45.36		
8	178	7	1	<a href="#">Alan Whelan</a>	<a href="#">IT Carlow</a>	46.20		
8	176	7	2	<a href="#">Ore Ogunde</a>	<a href="#">IT Carlow</a>	46.20		
8	172	7	3	<a href="#">Gillen Daniel</a>	<a href="#">IT Carlow</a>	46.20		
8	173	7	4	<a href="#">Olawale Egbeyemi</a>	<a href="#">IT Carlow</a>	46.20		

### [4 x 400m Relay](#)

#### Semi-Final One

Place	Bib	Lane	Leg	Athlete	College	Mark	Q
1	375	5	1	<a href="#">Thomas Barr</a>	<a href="#">UL</a>	3:35.63	Q
1	379	5	2	<a href="#">Timmy Crowe</a>	<a href="#">UL</a>	3:35.63	Q
1	394	5	3	<a href="#">Gerard O'Shea (OYD)</a>	<a href="#">UL</a>	3:35.63	Q
1	382	5	4	<a href="#">Andrew Heffernan</a>	<a href="#">UL</a>	3:35.63	Q
2	099	3	1	<a href="#">Jayme Rossiter</a>	<a href="#">DCU</a>	3:37.30	Q
2	083	3	2	<a href="#">Brian Kelly</a>	<a href="#">DCU</a>	3:37.30	Q
2	061	3	3	<a href="#">Paul Byrne</a>	<a href="#">DCU</a>	3:37.30	Q
2	102	3	4	<a href="#">Joe Warne</a>	<a href="#">DCU</a>	3:37.30	Q
3	289	7	1	<a href="#">Daniel Ahern</a>	<a href="#">UCC</a>	3:38.00	q
3	296	7	2	<a href="#">Edmund O'Halloran</a>	<a href="#">UCC</a>	3:38.00	q
3	297	7	3	<a href="#">Luke O'Keeffe</a>	<a href="#">UCC</a>	3:38.00	q

3	298	7	4	<a href="#">Tomas O'Sullivan</a>	<a href="#">UCC</a>	3:38.00	q
4	322	4	1	<a href="#">Robert Corbally</a>	<a href="#">UCD</a>	3:39.14	q
4	324	4	2	<a href="#">Jamie Davis</a>	<a href="#">UCD</a>	3:39.14	q
4	339	4	3	<a href="#">Richard Owens</a>	<a href="#">UCD</a>	3:39.14	q
4	338	4	4	<a href="#">Stephen Murphy</a>	<a href="#">UCD</a>	3:39.14	q
5	020	6	1	<a href="#">John Collins</a>	<a href="#">CIT</a>	3:40.48	q
5	042	6	2	<a href="#">Michael Pat O'Regan</a>	<a href="#">CIT</a>	3:40.48	q
5	030	6	3	<a href="#">Willie Hughes</a>	<a href="#">CIT</a>	3:40.48	q
5	045	6	4	<a href="#">Cathal Owens</a>	<a href="#">CIT</a>	3:40.48	q

### Semi-Final Two

Place	Bib	Lane	Leg	Athlete	College	Mark	Q
1	410	4	1	<a href="#">Jason Harvey</a>	<a href="#">UU</a>	3:35.86	Q
1	413	4	2	<a href="#">Mark Hay</a>	<a href="#">UU</a>	3:35.86	Q
1	412	4	3	<a href="#">John Houston</a>	<a href="#">UU</a>	3:35.86	Q
1	417	4	4	<a href="#">Steven Rooney</a>	<a href="#">UU</a>	3:35.86	Q
2	257	5	1	<a href="#">Salim Sebaoui</a>	<a href="#">TCD</a>	3:41.71	Q
2	258	5	2	<a href="#">Kieron Sexton</a>	<a href="#">TCD</a>	3:41.71	Q
2	234	5	3	<a href="#">Gerard Claffey</a>	<a href="#">TCD</a>	3:41.71	Q
2	236	5	4	<a href="#">Garrett Dunne</a>	<a href="#">TCD</a>	3:41.71	Q
3	203	3	1	<a href="#">Cormac McDonnell</a>	<a href="#">NUIG</a>	3:44.48	q
3	209	3	2	<a href="#">Diarmuid Collins</a> (OYD)	<a href="#">NUIG</a>	3:44.48	q
3	208	3	3	<a href="#">Barry Quigg</a>	<a href="#">NUIG</a>	3:44.48	q
3	206	3	4	<a href="#">Conor O'Rourke</a>	<a href="#">NUIG</a>	3:44.48	q
4	445	6	1	<a href="#">Brian McGinley</a>	<a href="#">WIT</a>	3:50.00	
4	429	6	2	<a href="#">Alan Danagher</a>	<a href="#">WIT</a>	3:50.00	
4	444	6	3	<a href="#">James Maher</a>	<a href="#">WIT</a>	3:50.00	
4	431	6	4	<a href="#">Gavin Downey</a>	<a href="#">WIT</a>	3:50.00	

### Final

Place	Bib	Lane	Leg	Athlete	College	Mark	Points	Record
1	375	5	1	<a href="#">Thomas Barr</a>	<a href="#">UL</a>	3:18.04	<b>10</b>	IUAA
1	379	5	2	<a href="#">Timmy Crowe</a>	<a href="#">UL</a>	3:18.04	<b>10</b>	IUAA
1	385	5	3	<a href="#">David MacAogain</a>	<a href="#">UL</a>	3:18.04	<b>10</b>	IUAA
1	388	5	4	<a href="#">Ciaran McCabe</a>	<a href="#">UL</a>	3:18.04	<b>10</b>	IUAA
2	088	6	1	<a href="#">Ciaran Mackey</a>	<a href="#">DCU</a>	3:19.34	<b>8</b>	DCU
2	083	6	2	<a href="#">Brian Kelly</a>	<a href="#">DCU</a>	3:19.34	<b>8</b>	DCU
2	061	6	3	<a href="#">Paul Byrne</a>	<a href="#">DCU</a>	3:19.34	<b>8</b>	DCU

2	072	6	4	<a href="#">Mark English</a>	<a href="#">DCU</a>	3:19.34	<b>8</b>	DCU
3	347	8	1	<a href="#">Patrick Phelan</a> (OYD)	<a href="#">UCD</a>	3:25.05	<b>6</b>	
3	324	8	2	<a href="#">Jamie Davis</a>	<a href="#">UCD</a>	3:25.05	<b>6</b>	
3	339	8	3	<a href="#">Richard Owens</a>	<a href="#">UCD</a>	3:25.05	<b>6</b>	
3	323	8	4	<a href="#">Cathal Daly</a>	<a href="#">UCD</a>	3:25.05	<b>6</b>	
4	410	3	1	<a href="#">Jason Harvey</a>	<a href="#">UU</a>	3:26.73	<b>4</b>	
4	413	3	2	<a href="#">Mark Hay</a>	<a href="#">UU</a>	3:26.73	<b>4</b>	
4	412	3	3	<a href="#">John Houston</a>	<a href="#">UU</a>	3:26.73	<b>4</b>	
4	417	3	4	<a href="#">Steven Rooney</a>	<a href="#">UU</a>	3:26.73	<b>4</b>	
5	236	4	1	<a href="#">Garrett Dunne</a>	<a href="#">TCD</a>	3:33.42	<b>2</b>	
5	239	4	2	<a href="#">Eamonn Fahey</a>	<a href="#">TCD</a>	3:33.42	<b>2</b>	
5	257	4	3	<a href="#">Salim Sebaoui</a>	<a href="#">TCD</a>	3:33.42	<b>2</b>	
5	258	4	4	<a href="#">Kieron Sexton</a>	<a href="#">TCD</a>	3:33.42	<b>2</b>	
6	289	7	1	<a href="#">Daniel Ahern</a>	<a href="#">UCC</a>	3:33.87	<b>1</b>	
6	296	7	2	<a href="#">Edmund O'Halloran</a>	<a href="#">UCC</a>	3:33.87	<b>1</b>	
6	297	7	3	<a href="#">Luke O'Keeffe</a>	<a href="#">UCC</a>	3:33.87	<b>1</b>	
6	298	7	4	<a href="#">Tomas O'Sullivan</a>	<a href="#">UCC</a>	3:33.87	<b>1</b>	
7	030	1	1	<a href="#">Willie Hughes</a>	<a href="#">CIT</a>	3:38.26		
7	042	1	2	<a href="#">Michael Pat O'Regan</a>	<a href="#">CIT</a>	3:38.26		
7	017	1	3	<a href="#">Danny Allen</a>	<a href="#">CIT</a>	3:38.26		
7	045	1	4	<a href="#">Cathal Owens</a>	<a href="#">CIT</a>	3:38.26		
8	209	2	1	<a href="#">Diarmuid Collins</a> (OYD)	<a href="#">NUIG</a>	3:46.94		
8	203	2	2	<a href="#">Cormac McDonnell</a>	<a href="#">NUIG</a>	3:46.94		
8	200	2	3	<a href="#">Neil Hyland</a>	<a href="#">NUIG</a>	3:46.94		
8	208	2	4	<a href="#">Barry Quigg</a>	<a href="#">NUIG</a>	3:46.94		

## Combined Events

### Final

Place	Bib	Athlete	College	Hurdles	Points	Distance	Points	HJ	Points	LJ	Points	SP	Points	Mark	Points
1	171	<a href="#">Michael Bowler</a>	<a href="#">ITCarrow</a>	17.35	588	4:47.29	635	1.95	758	6.30	652	10.31	504	3137	<b>7</b>
2	391	<a href="#">Roland Pika</a>	<a href="#">UL</a>	19.50	390	5:01.99	548	1.70	544	6.24	639	7.76	352	2473	<b>5</b>
3	039	<a href="#">David O'Brien</a>	<a href="#">CIT</a>	24.22	93	4:45.71	645	1.40	317	5.20	421	6.27	265	1741	<b>4</b>

		<a href="#">n</a>													
4	04 4	<a href="#">Martin O'Sullivan</a>	<a href="#">CIT</a>	26.14	29	4:56. 09	582	1. 65	504	4. 24	245	8.1 5	375	173 5	<b>3</b>
5	45 3	<a href="#">Damen Walsh</a>	<a href="#">WIT</a>	19.77	368	5:34. 64	377	1. 30	250	4. 72	330	7.2 4	321	164 6	<b>2</b>
6	16 0	<a href="#">Simon Munro</a>	<a href="#">DIT</a>	21.40	247	5:40. 93	347	1. 40	317	5. 07	396	0.0 0	0	130 7	<b>1</b>

## Discus

### Final

Place	Bi b	Dr aw	Ath lete	Coll ege	Rou nd 1	Rou nd 2	Rou nd 3	Be st	Rou nd 4	Rou nd 5	Rou nd 6	Ma rk	Poi nts	Rec ord
1	09 7	7	<a href="#">Marco Pons</a>	<a href="#">DCU</a>	44.0 8	46.6 3	x	46. 63	47.6 9	x	x	47.6 9	<b>7</b>	DCU
2	19 6	6	<a href="#">Daniel Clifford (OYD)</a>	<a href="#">IT Tralee</a>	44.8 2	x	46.0 0	46. 00	47.2 8	x	x	47.2 8	<b>5</b>	IT Tralee
3	29 1	3	<a href="#">Michael Conerney</a>	<a href="#">UCC</a>	40.7 2	41.6 1	42.6 6	42. 66	43.1 8	42.1 9	42.7 3	43.1 8	<b>4</b>	
4	02 8	11	<a href="#">Paul Hazler</a>	<a href="#">CIT</a>	38.0 5	43.1 1	39.7 8	43. 11	x	37.8 2	x	43.1 1	<b>3</b>	
5	33 1	4	<a href="#">Darraugh Hanlon</a>	<a href="#">UCD</a>	36.4 3	37.1 4	33.5 5	37. 14	39.3 2	37.8 2	x	39.3 2	<b>2</b>	
6	17 9	1	<a href="#">Matthew O'Reilly</a>	<a href="#">IT Carlow</a>	x	28.1 4	33.6 7	33. 67	38.4 6	x	38.4 6	38.4 6	<b>1</b>	IT Carlow

			(OYD)											
7	23 3	12	<a href="#">Conal Camp ion</a>	<a href="#">TCD</a>	34.8 0	33.5 5	37.8 6	37. 86	x	36.6 2	35.6 1	37.8 6		
8	03 7	2	<a href="#">Eoin Murp hy</a>	<a href="#">CIT</a>	30.8 8	x	32.9 4	32. 94	33.3 5	30.0 8	33.7 4	33.7 4		
9	07 4	8	<a href="#">Kour osh Forou ghi</a>	<a href="#">DCU</a>	31.4 1	32.3 3	x	32. 33				32.3 3		
10	17 1	10	<a href="#">Mich ael Bowl er</a>	<a href="#">IT Carlo w</a>	x	22.2 5	x	22. 25				22.2 5		
12	42 8	5	<a href="#">Shane Conni ck</a>	<a href="#">WIT</a>	x	x						DN S		
13	33 2	9	<a href="#">Diar miud Hicke y</a>	<a href="#">UCD</a>	x	x						DN S		

## Discus Para

### Final

Place	Athlete	College	Mark
1	<a href="#">Garrett Culliton</a>	<a href="#">Guest</a>	16.17
2	<a href="#">James McCarthy</a>	<a href="#">Guest</a>	25.70
3	<a href="#">Ray O'Dwyer</a>	<a href="#">Guest</a>	29.37

## Hammer

### Final

Pla ce	B ib	Dr aw	Athle te	Coll ege	Rou nd 1	Rou nd 2	Rou nd 3	Be st	Rou nd 4	Rou nd 5	Rou nd 6	Ma rk	Poi nts	Rec ord
1	17 7	7	<a href="#">Furlo ng Thom</a>	<a href="#">IT Carl ow</a>	55.4 0	54.5 2	x	55. 40	x	x	54.9 4	55.4 0	7	IT Carl ow



			<a href="#">as</a>												
2	23 3	4	<a href="#">Conal Campi on</a>	<a href="#">TCD</a>	50.7 6	51.4 0	51.5 8	51. 58	x	46.5 0	50.3 2	51.5 8	<b>5</b>		
3	02 8	9	<a href="#">Paul Hazler</a>	<a href="#">CIT</a>	47.5 0	41.5 4	46.5 2	47. 50	49.0 0	47.2 0	x	49.0 0	<b>4</b>		
4	33 1	6	<a href="#">Darra gh Hanlo n</a>	<a href="#">UCD</a>	33.3 0	37.4 6	x	37. 46	33.8 2		37.9 6	37.9 6	<b>3</b>		
5	15 7	8	<a href="#">Eoin Fanni ng</a>	<a href="#">DIT</a>	30.3 6	30.5 4	33.0 8	33. 08	x	31.4 6	33.2 8	33.2 8	<b>2</b>	DIT	
6	03 7	2	<a href="#">Eoin Murp hy</a>	<a href="#">CIT</a>	25.8 4	27.2 0	28.0 4	28. 04	x	29.5 6	30.1 8	30.1 8	<b>1</b>		
7	19 1	1	<a href="#">Jack Com mons</a>	<a href="#">IT Talla ght</a>	21.0 8	22.8 6	25.7 0	25. 70	x	20.6 6	x	25.7 0		IT Talla ght	
8	34 3	5	<a href="#">David Tierne y</a>	<a href="#">UCD</a>	22.9 8	25.0 0	x	25. 00	25.2 0	x	x	25.2 0			
9	05 9	3	<a href="#">Eric Brady</a>	<a href="#">DCU</a>	22.4 2	21.6 0	23.5 6	23. 56				23.5 6			

## High Jump

### Final

P l a c e	B i b w	D r a w	A t h l e t e	C o l l e g e	1 · 3 0	1 · 3 5	1 · 4 0	1 · 4 5	1 · 5 0	1 · 6 0	1 · 6 5	1 · 7 0	1 · 7 5	1 · 8 0	1 · 8 5	1 · 9 0	2 · 0 0	2 · 0 5	2 · 1 1	2 · 1 6	M a r k	P o i n t s	N o t e	R e c o r d	
1	0 9 6	14	<a href="#">Barry Pen der</a>	<a href="#">D C U</a>																	2. 11	<b>7</b>		IU A A	
2	0 7 4	10	<a href="#">Koro sh For oug hi</a>	<a href="#">D C U</a>																		1. 95	<b>5</b>		

3	1771	<a href="#">Michael Boyle</a>	<a href="#">IT Carolan</a>						o	o		o	x o	o	x x x				1.95	4					IT Carolan
4	409	<a href="#">Gary Coulter</a>	<a href="#">UU</a>									o	o	o	x x o	x x x			1.90	3					
5	208	<a href="#">Barry Quinn</a>	<a href="#">NUIG</a>									o	x o	o	x x o	x x o			1.90	2					NUIG
6	194	<a href="#">Samuel Simon</a>	<a href="#">IT Talaght</a>						o	o	o		x x x						1.65	1					IT Talaght
7	382	<a href="#">Andrew Hefernan</a>	<a href="#">UL</a>						o	o		x o		x x x					1.65						
8	017	<a href="#">Danny Allen</a>	<a href="#">CI</a>						x o		x o								1.60						
9	345	<a href="#">Breandan Ó Riain</a>	<a href="#">UCD</a>							o	x o		o		x x x				1.50						
10	453	<a href="#">Damian Walsh</a>	<a href="#">WIT</a>							o					x x x				1.30						
10	251	<a href="#">Kevin Midge</a>	<a href="#">TCD</a>							o									1.30						

3 9 1	12	<a href="#">Rol and Pika</a>	<a href="#">UL</a>																	1.70	C E O	
0 4 4	4	<a href="#">Martin O'Sullivan</a>	<a href="#">CIT</a>	o		x o				x o	x o	x o									1.65	C E O
1 6 0	3	<a href="#">Simon Munro</a>	<a href="#">DIT</a>	o		o				x x x											1.40	C E O
0 3 9	8	<a href="#">David O'Brien</a>	<a href="#">CIT</a>	x o		o				x x x											1.40	C E O

## Javelin

### Final

Pla ce	B ib	Dr aw	Athle te	Coll ege	Rou nd 1	Rou nd 2	Rou nd 3	Be st	Rou nd 4	Rou nd 5	Rou nd 6	Ma rk	Poi nts	Rec ord
1	41 5	9	<a href="#">Rory Kirwan</a>	<a href="#">UU</a>	43.0 7	47.3 3	47.0 6	47. 33	49.4 7	42.0 0	46.3 1	49.4 7	<b>7</b>	
2	08 5	3	<a href="#">Barry Kirwan</a>	<a href="#">DCU</a>	48.0 0	48.2 7	47.8 2	48. 27				48.2 7	<b>5</b>	
3	23 3	11	<a href="#">Conal Campion</a>	<a href="#">TCD</a>	43.5 9	43.8 6	39.8 0	43. 86	x	46.8 2	x	46.8 2	<b>4</b>	
4	07 4	8	<a href="#">Kourosh Foroughi</a>	<a href="#">DCU</a>	x	42.0 2	x	42. 02	43.5 6	45.2 7	45.8 2	45.8 2	<b>3</b>	
5	33 2	6	<a href="#">Diarmuid Hickey</a>	<a href="#">UCD</a>	x	42.2 7	x	42. 27	40.4 0	x	39.2 2	42.2 7	<b>2</b>	
6	17	2	<a href="#">Micha</a>	<a href="#">IT</a>	x	38.4	35.5	38.	38.6	39.3	41.1	41.1	<b>1</b>	

	1		<a href="#">el Bowler</a>	<a href="#">Carl Bow</a>		1	6	41	0	0	5	5		
7	23 1	1	<a href="#">James Buckley</a>	<a href="#">TCD</a>	x	29.4 6	37.8 5	37. 85	39.9 6	36.2 4	36.8 2	39.9 6		
8	02 8	7	<a href="#">Paul Hazler</a>	<a href="#">CIT</a>	x	35.8 1	x	35. 81	36.3 6	36.7 6	35.4 5	36.7 6		
9	33 1	4	<a href="#">Darra gh Hanlon</a>	<a href="#">UCD</a>	23.4 6	22.8 6	27.8 8	27. 88				27.8 8		
10	42 8	10	<a href="#">Shane Connick</a>	<a href="#">WIT</a>	25.2 0	26.3 6	26.6 4	26. 64				26.6 4		
11	19 1	12	<a href="#">Jack Com mons</a>	<a href="#">IT Talla ght</a>	21.8 0	22.8 6	24.0 0	24. 00				24.0 0		IT Talla ght
12	03 4	5	<a href="#">Alan Lund</a>	<a href="#">CIT</a>	19.3 9	18.5 9	19.5 3	19. 53				19.5 3		

## Long Jump

### Final

Pl ace	B ib	Dr aw	Athle te	Coll ege	Ro und 1	Ro und 2	Ro und 3	B est	Ro und 4	Ro und 5	Ro und 6	Mar k	Poi nts	Not e	Rec ord
1	23 9	15	<a href="#">Eamonn Fahey</a>	<a href="#">TCD</a>	x	6.27	6.98	6.9 8	x	x	x	6.9 8	7		TCD
2	30 1	10	<a href="#">David Quilligan</a>	<a href="#">UCC</a>	6.32	6.42	x	6.4 2	6.42	6.51	6.86	6.8 6	5		
3	17 1	4	<a href="#">Michael Bowler</a>	<a href="#">IT Carl ow</a>	6.30	6.15	x	6.3 0	x	6.32	6.69	6.6 9	4		IT Carl ow
4	26 3	6	<a href="#">Robert Whelan</a>	<a href="#">TCD</a>	5.05	6.35	5.39	6.3 5	x	x	x	6.3 5	3		
5	39	12	<a href="#">Rolan</a>	<a href="#">UL</a>	5.76	6.22	6.24	6.2	x	6.14	6.19	6.2	2		

	1		<a href="#">d Pika</a>					4				4			
6	41 8	5	<a href="#">Richard Tsang</a>	<a href="#">UU</a>	x	5.91	6.06	6.06	6.20	6.21	x	6.21	<b>1</b>		
7	33 8	17	<a href="#">Stephen Murphy</a>	<a href="#">UCD</a>	5.98	5.65	5.92	5.98	x	x	6.14	6.14			
8	19 4	8	<a href="#">Samuel Simons</a>	<a href="#">ITTallaht</a>	5.86	x	5.62	5.86	5.77	5.43	5.56	5.86			IT Tall aght
9	07 0	2	<a href="#">Francis Egan</a>	<a href="#">DCU</a>	5.28	x	x	5.28				5.28			
10	00 5	16	<a href="#">Nathan Cofolla</a>	<a href="#">AIT</a>	5.16	4.77	4.94	5.16				5.16			
11	34 5	9	<a href="#">Breandan Ó Riain</a>	<a href="#">UCD</a>	x	x	5.03	5.03				5.03			
12	45 3	7	<a href="#">Damien Walsh</a>	<a href="#">WIT</a>	4.62	4.65	4.72	4.72				4.72			
13	04 1	3	<a href="#">Aidan O'Leary</a>	<a href="#">CIT</a>	3.58	4.50	4.58	4.58				4.58			
14	17 0	18	<a href="#">Darren Bowes</a>	<a href="#">ITCarlrow</a>	x	x	4.33	4.33				4.33			
15	02 4	11	<a href="#">Eanna Farrelly</a>	<a href="#">CIT</a>	2.35	3.59	3.03	3.59				3.59			
	44 2	13	<a href="#">Richard Lucas</a>	<a href="#">WIT</a>	x	x	x					DN S			
	03 9	14	<a href="#">David O'Brien</a>	<a href="#">CIT</a>	5.20	4.72	4.58	5.20				5.20			CE O
	16	1	<a href="#">Simons</a>	<a href="#">DIT</a>	5.06	5.07	x	5.0				5.0			CE

	0		<a href="#">n Munro</a>						7					7		O
	04 4	19	<a href="#">Martin O'Sullivan</a>	<a href="#">CIT</a>	4.24	4.01	3.95	4.24						4.24		CE O

## Pole Vault

### Final

Place	Birth	Dr	Athlete	College	2.00	2.20	2.40	2.60	2.80	3.00	3.20	3.40	3.60	4.00	4.20	4.40	4.70	Mark	Points	Record	
1	02 9	2	<a href="#">Thomas Houlihan</a>	<a href="#">CIT</a>												o	xo	xx x	4.40	7	CIT
2	16 2	5	<a href="#">Ian Rodgers</a>	<a href="#">DIT</a>										o	o		xx x	4.20	5		
3	23 1	1	<a href="#">James Buckley</a>	<a href="#">TC D</a>				o	o	o	o	o	xx x					3.40	4		
4	17 1	6	<a href="#">Michael Bowler</a>	<a href="#">IT Carlow</a>			xo	xo	o	o	o	xx x						3.20	3	IT Carlow	
5	02 1	3	<a href="#">Mark Cummins</a>	<a href="#">CIT</a>	o	xx x												2.00	2		
6	17 6	4	<a href="#">Ore Ogunde</a>	<a href="#">IT Carlow</a>	xx o													2.00	1		

## Seated Shot

### Final

Place	Athlete	College	Mark
1	<a href="#">Ray O'Dwyer</a>	<a href="#">Guest</a>	9.49

2	<a href="#">Eoin Cleare</a>	<a href="#">Guest</a>	6.73
3	<a href="#">James McCarthy</a>	<a href="#">Guest</a>	10.92

## Shot Putt

### Final

Place	Bib	Draw	Athlete	College	Round 1	Round 2	Round 3	Best	Round 4	Round 5	Round 6	Mark	Points	Note	Record
1	343	3	<a href="#">David Tierney</a>	<a href="#">UCD</a>	13.30	13.90	13.75	13.90	12.62	12.96	12.86	13.90	7		
2	196	11	<a href="#">Daniel Clifford</a> (OYD)	<a href="#">ITTrallee</a>	12.61	13.14	13.25	13.25	13.44	13.65	x	13.65	5		
3	179	2	<a href="#">Matthew O'Reilly</a> (OYD)	<a href="#">ITCarlow</a>	x	12.52	12.74	12.74	13.02	x	13.28	13.28	4		IT Carlow
4	332	4	<a href="#">Diarmuid Hickey</a>	<a href="#">UCD</a>	11.69	12.70	12.69	12.70	12.55	13.04	12.93	13.04	3		
5	028	15	<a href="#">Paul Hazler</a>	<a href="#">CIT</a>	10.80	10.06	11.30	11.30	11.83	x	x	11.83	2		
6	037	7	<a href="#">Eoin Murphy</a>	<a href="#">CIT</a>	9.55	10.30	10.80	10.80	10.75	10.74	11.07	11.07	1		
7	171	12	<a href="#">Michael Bowler</a>	<a href="#">ITCarlow</a>	10.26	10.13	10.31	10.31				10.31			
8	059	13	<a href="#">Eric Brady</a>	<a href="#">DCU</a>	9.25	9.24	9.12	9.25	9.57	9.73	9.42	9.73			
9	235	14	<a href="#">Nicholas</a>	<a href="#">TCD</a>	9.56	9.25	9.04	9.56	8.81	9.17	9.16	9.56			

			<a href="#">Clark e</a>												
10	09 7	6	<a href="#">Marc o Pons</a>	<a href="#">DC U</a>	x	x	8.83	8.8 3				8.8 3			
11	00 8	8	<a href="#">Danie l Keena n</a>	<a href="#">AIT</a>	8.45	6.33	8.33	8.4 5				8.4 5			
12	17 4	17	<a href="#">Egan Gavin</a>	<a href="#">IT Carl ow</a>	8.27	x	8.00	8.2 7				8.2 7			
13	45 3	5	<a href="#">Dami en Walsh</a>	<a href="#">WIT</a>	7.24	6.94	6.93	7.2 4				7.2 4			
	04 4	18	<a href="#">Marti n O'Sull ivan</a>	<a href="#">CIT</a>	x	8.15	7.52	8.1 5				8.1 5		CE O	
	39 1	1	<a href="#">Rolan d Pika</a>	<a href="#">UL</a>	7.36	7.28	7.76	7.7 6				7.7 6		CE O	
	03 9	9	<a href="#">David O'Bri en</a>	<a href="#">CIT</a>	x	6.27	x	6.2 7				6.2 7		CE O	
	16 0	10	<a href="#">Simo n Munr o</a>	<a href="#">DIT</a>	x	x	x					NT		CE O	
	19 1	16	<a href="#">Jack Com mons</a>	<a href="#">IT Talla ght</a>								DN S			

## Triple Jump

### Final

Pla ce	Bi b	Dr aw	Athl ete	Coll ege	Rou nd 1	Rou nd 2	Rou nd 3	Be st	Rou nd 4	Rou nd 5	Rou nd 6	Ma rk	Poi nts	Rec ord
1	41 4	4	<a href="#">Alan Kenn edy</a>	<a href="#">UU</a>	14.4 6	14.4 3	14.2 7	14. 46	14.3 3	14.5 4	12.9 8	14.5 4	<b>7</b>	
2	39	1	<a href="#">Denis</a>	<a href="#">UL</a>	14.2	14.1	13.9	14.	13.6	14.1	14.2	14.2	<b>5</b>	UL



	3		<a href="#">Finnegan</a>		0	7	4	20	3	6	8	8		
3	07 0	3	<a href="#">Francis Egan</a>	<a href="#">DCU</a>	13.6 9	x	x	13. 69	x	13.7 2	x	13.7 2	<b>4</b>	
4	33 2	5	<a href="#">Diarmaid Hickey</a>	<a href="#">UCD</a>	12.0 5	12.0 9	12.6 0	12. 60	12.0 3	12.1 9	11.9 0	12.6 0	<b>3</b>	
5	20 8	6	<a href="#">Barry Quigg</a>	<a href="#">NUI G</a>	x	12.1 9	12.2 7	12. 27	x	x	x	12.2 7	<b>2</b>	
6	33 8	2	<a href="#">Stephen Murphy</a>	<a href="#">UCD</a>	x	11.5 7	x	11. 57	x	x	x	11.5 7	<b>1</b>	
7	17 0	7	<a href="#">Darren Bowes</a>	<a href="#">IT Carlow</a>	9.92	9.96	x	9.9 6	9.63	9.93	10.2 5	10.2 5		

## Medal Tables

### Male

Rank	College	Gold	Silver	Bronze	Total
1	<a href="#">DCU</a>	8	7	3	<b>18</b>
2	<a href="#">UL</a>	4	2	1	<b>7</b>
3	<a href="#">Guest</a>	3	2	2	<b>7</b>
4	<a href="#">UU</a>	2	3		<b>5</b>
5	<a href="#">WIT</a>	2	2	2	<b>6</b>
6	<a href="#">UCD</a>	2		5	<b>7</b>
7	<a href="#">IT Carlow</a>	2		3	<b>5</b>
8	<a href="#">UCC</a>	1	2	1	<b>4</b>
9	<a href="#">TCD</a>	1	1	4	<b>6</b>
10	<a href="#">CIT</a>	1	1	3	<b>5</b>
11	<a href="#">DIT</a>		2	1	<b>3</b>
12	<a href="#">IT Tralee</a>		2		<b>2</b>
13	<a href="#">IT Tallaght</a>		1		<b>1</b>
14	<a href="#">QUB</a>			1	<b>1</b>
15	<a href="#">AIT</a>				
16	<a href="#">GMIT</a>				





		0	0	0	0	0	0	0	0	0	0	0	1	4	g	E	P	T		T	C	T	J		P	S	J	
		m	m	m	m	m	m	0	0	0	0	0	0	0	W													
				H			H																					
								W		S					f													
										C					D													
1	<a href="#">DCU</a>	1 2	6	5	2	3	3	8	4	9		1		6	7	5		3	12	8		1	7	3. 5	5	4	<b>114. 5</b>	
2	<a href="#">UL</a>		1 1		5	1 1	3	2	7	7	7	7	1 0	1 0		5		3	0. 33			3	5	2	7		1	<b>106. 33</b>
3	<a href="#">UCD</a>		2	2	3	5	7	7			1	5	5	8	8	3	1 1		4. 33	8		5	3			3	<b>90.3 3</b>	
4	<a href="#">UCC</a>						4		5		3	2	2		7			7	3			7	1		7	2	<b>50</b>	
5	<a href="#">WIT</a>	2											6	5			4	0. 33	4		4	6			3		<b>30.3 3</b>	
6	<a href="#">CIT</a>							1	2	2	2		4	2		1							2	1		5	<b>22</b>	
7	<a href="#">ICAI</a>	3		1	7							5	4														<b>20</b>	
8	<a href="#">UU</a>			7														5						7			<b>19</b>	
9	<a href="#">IT Carl ow</a>								3					1										3. 5		7	<b>14.5</b>	
10	<a href="#">QUB</a>			4	4					3																	<b>11</b>	
11	<a href="#">AIT</a>	4		3															2								<b>9</b>	
12	<a href="#">NUI M</a>		3																					5			<b>8</b>	
13	<a href="#">TCD</a>							4				3															<b>7</b>	
14	<a href="#">DIT</a>				1	5																					<b>6</b>	
15	<a href="#">NUI G</a>	1												4													<b>5</b>	
16	<a href="#">RCS I</a>																							4			<b>4</b>	
17	<a href="#">Dun dalk IT</a>																				2						<b>2</b>	
18	<a href="#">Gues t</a>																											
19	<a href="#">IT Sligo</a>																											

**Overall Points**



6	<a href="#">TCD</a>			1	4	5		4			3	7	12
7	<a href="#">ICAI</a>									5	4	9	9
8	<a href="#">UCC</a>						4			3	2	9	9
9	<a href="#">CIT</a>							1	2	2		5	5
10	<a href="#">UU</a>		3			3							3
11	<a href="#">QUB</a>								3			3	3
12	<a href="#">AIT</a>				1	1							1

### Sprints Trophy

Rank	College	100m	200m	400m	800m	1500m	2000m	3000m	4000m	5000m	6000m	7000m	8000m	9000m	10000m	15000m	20000m	Female	Total
1	<a href="#">UL</a>					7	10	10	27		11		5	11	10	10		47	74
2	<a href="#">DCU</a>	1		6	10	5	8	8	38	12	6	5	2	3		6		34	72
3	<a href="#">UCD</a>	3.5					6	6	15.5		2	2	3	5	8	8		28	43.5
4	<a href="#">WIT</a>	7	3	7		4	4		25	2					6			8	33
5	<a href="#">UU</a>	7		8	5			4	24			7						7	31
6	<a href="#">CIT</a>		4		2	2			8						4	2		6	14
7	<a href="#">UCC</a>		7		1		2	1	11						2			2	13
8	<a href="#">QUB</a>				4				4			4	4					8	12
9	<a href="#">ICAI</a>									3		1	7					11	11
10	<a href="#">TCD</a>	3.5	2				1	2	8.5										8.5
11	<a href="#">IT Tallaght</a>		5			3			8										8
12	<a href="#">AIT</a>									4		3						7	7
13	<a href="#">NUIG</a>									1						4		5	5
14	<a href="#">NUIM</a>										3							3	3
15	<a href="#">DIT</a>			1					1				1					1	2
16	<a href="#">IT Carlow</a>														1			1	1

### Throws Trophy

Rank	College	100m	200m	400m	800m	1500m	2000m	3000m	4000m	5000m	6000m	7000m	8000m	9000m	10000m	15000m	20000m	Female	Total
------	---------	------	------	------	------	-------	-------	-------	-------	-------	-------	-------	-------	-------	--------	--------	--------	--------	-------

		<b>6</b>	<b>T</b>	<b>T</b>	<b>T</b>	<b>P</b>		<b>k</b>	<b>T</b>	<b>T</b>	<b>T</b>	<b>P</b>		
		<b>kgWfD</b>						<b>kgWfD</b>						
1	<a href="#">UCD</a>	11	2	3	2	10	<b>28</b>	3		8	5		<b>16</b>	<b>44</b>
2	<a href="#">DCU</a>		7		8		<b>15</b>	7	3	8	1	5	<b>24</b>	<b>39</b>
3	<a href="#">UCC</a>		4				<b>4</b>	7	7		7	7	<b>28</b>	<b>32</b>
4	<a href="#">WIT</a>							5	4	4	6	3	<b>22</b>	<b>22</b>
5	<a href="#">CIT</a>	8	3	5		3	<b>19</b>							<b>19</b>
6	<a href="#">IT Carlow</a>	1	1	7	1	4	<b>14</b>							<b>14</b>
7	<a href="#">UL</a>								3		3	7	<b>13</b>	<b>13</b>
8	<a href="#">UU</a>				7		<b>7</b>	5					<b>5</b>	<b>12</b>
9	<a href="#">TCD</a>	2		5	4		<b>11</b>							<b>11</b>
10	<a href="#">IT Tralee</a>		5			5	<b>10</b>							<b>10</b>
11	<a href="#">DIT</a>			2			<b>2</b>							<b>2</b>
12	<a href="#">Dundalk IT</a>									2			<b>2</b>	<b>2</b>