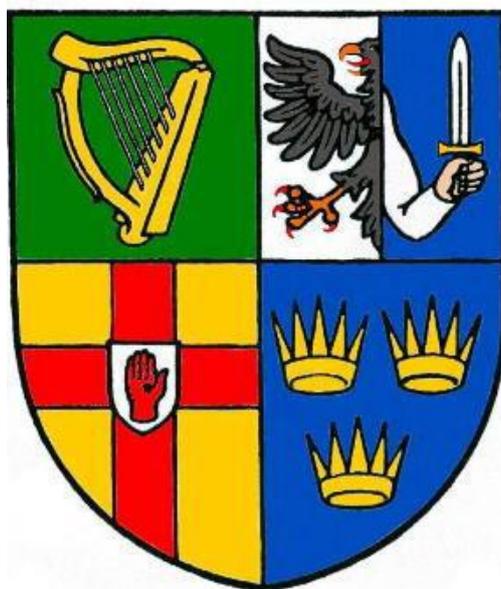


Cork Institute of Technology Athletics Club



Intervarsity Cross Country Report
8th of March 2014

Event: IUAA Irish Universities Cross Country Championships 2014. (Held in conjunction with the Irish Schools Cross Country Championships.)

Date: 8th of March 2014

Host: Cork Institute of Technology Athletics Club.

Venue: CIT Sports Grounds, Bishopstown, Co Cork.

Organising Committee:

- | | | |
|-----|------------------|------------------------|
| 1. | Craig Harrington | CITAC Chairman |
| 2. | Neil Feeney | CITAC Secretary |
| 3. | Ian O' Sullivan | CITAC Coach |
| 4. | Mark Clifford | CITAC P.R.O |
| 5. | Jamie Skelly | CITAC |
| 6. | Cullen Lynch | CITAC |
| 7. | Mark Dineen | CITAC Assistant Coach |
| 8. | Norma Buckley | Sports Officer |
| 9. | Liam O' Brien | Schools Representative |
| 10. | Stephen Lipson | IUAA |

Officials:

Event Organizers:	Craig Harrington & Neil Feeney
Race Director:	Ian O' Sullivan
Registration:	Stephen Lipson & Tara Rattigan
Course Managers:	Ian O' Sullivan
Meal Tickets:	Craig Harrington & Neil Feeney
Website:	Neil Feeney
Starter:	Cyril Smyth
Finish:	Padraig Healy & William Hughes
Bridge Steward:	Michael O' Regan, Neil Feeney & Liam O' Brien
Grounds men:	Ger Neff, Clive Thompson & Colm Craig

Results 2014:

Individual Women

Position	Name	College
1	Maria O' Sullivan	TCD
2	Becky Woods	TCD
3	Ellie Hartnett	UCD

Individual Men:

Position	Name	College
1	John Coughlan	DCU
2	Ben Thistlewood	UCC
3	John Travers	AIT

Women's Team:

Position	College	Points
1	TCD	21
2	DCU	39
3	UCC	49

Men's Team:

Position	College	Points
1	DCU	68
2	UCD	74
3	AIT	122

Overall Team:

Position	College	Points
1	DCU	66.615
2	UCD	85.051
3	UCC	111.539

Entries:

Entries were carried out as normal on the IUAA website. All times and dates were discussed and standard IUAA rules were used for the event.

Venue:

The IUAA Cross Country Championships was held around the Sports pitches in Cork Institute of Technology. There were 6 changing rooms and toilets used in total throughout the day. We would like to thank the CIT caretaking staff for looking after the course. They did a tremendous job in the weeks leading up to the event. The upstairs room in the sports stadium was used for registration, meal tickets and catering. The captain meeting was also held in this room.

First Aid:

First Aid for the event was provided by St Johns Ambulance Cork.

Funding:

The Club applied to CIT Sports Department to help out with the event. Sports Department were then helpful with everything we needed.

Catering:

The catering for the event was provided by campus services in the college. They were located in the registration room and dished out tea/coffee and sandwiches for everyone.

TV:

Setanta Sports were in contact with us about showing the race highlights on their TV station along with the schools races. We were very happy to comply with them.

Captains Meeting:

The captains meeting was held upstairs in the sports stadium. A large number of people had positive feedback to give to everyone who helped to organize the event. The facilities on display were complimented by all. Only one issue was raised from this meeting. Most colleges paid for their meal tickets at the meeting. However some colleges are still not paying for their tickets until well after the deadline. This is one issue that must be addressed. The hotel were very understanding of this.

Officials:

All officials were organized through Cork Institute of Technology's Athletics Club. These people have been listed previously in the report. Ian O' Sullivan & Craig Harrington arranged the timetabling and jobs allocation for officials at the event.

Website:

The website was designed by Neil Feeney. Neil developed a great website showing all the important information about the event. He updated the website on a daily basis in the lead up to the event.

Intervarsity Banquet:

- Venue:** The Metropole Hotel, MacCurtain Street, Cork City & Eclipse Nightclub, Oliver Plunkett Street, Cork City.
- Time:** Pre Drinks at 7:30pm. Meal was served at 8:00pm
- Accommodation:** A list of local hotels were put on the event Facebook page and the website itself.
- Dress Code:** Semi-Formal
- Meal Tickets:** €25 per ticket for the banquet. The tickets were designed and printed by Neil Feeney. The costs were covered by CIT Sports Department. Tickets displayed all relevant information.
- Tickets Included:**
1. 5 Course Meal
 2. Free Entry to Eclipse Nightclub
 3. Promotions
 4. DJ Steven Fox till 2:00am.
- No Damages:** Both the Hotel and Nightclub have said that we were one of the best behaved large groups they have ever had to deal with. Both establishments said they would gladly take us back anytime. Everyone involved should be very proud of this.

Thank you:

We at Cork Institute of technology Athletics Club would like to thank everyone who helped to make this event the success that it was.

We thoroughly enjoyed working with all of you.

We look forward to this year's event.

Best Wishes,
Craig Harrington,
CITAC Captain 2014.